St. Barnabas EPISCOPAL PARISH

The Holy Eucharist **August 2, 2026** **The Tenth Sunday After Pentecost**

THE PRELUDE

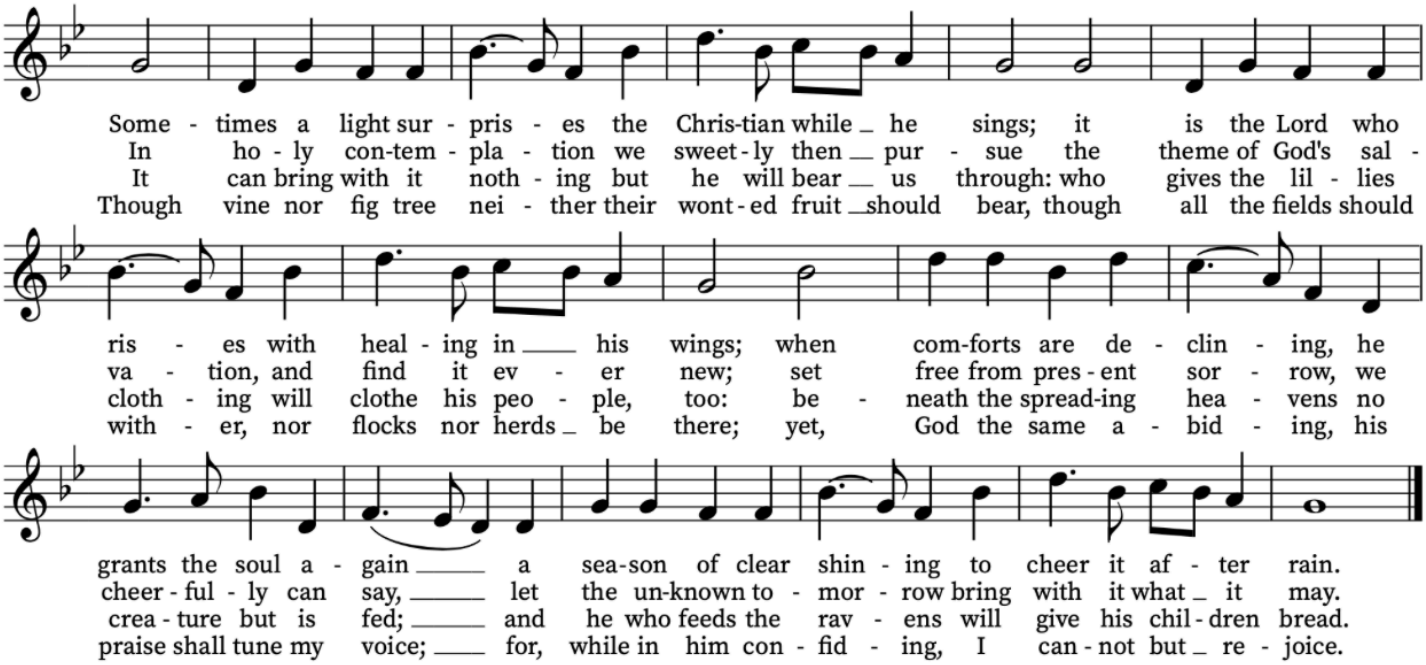
Sonata No. 3 in C Major: Allegro Franz Joseph Haydn Rebecca Marshall

The Liturgy of Gathering

Please stand in body or spirit.

THE GATHERING HYMN

Sometimes a Light Surprises H-667



THE OPENING ACCLAMATION

Blessed be the one, holy, and living God.
Glory to God for ever and ever.

THE COLLECT FOR PURITY

Let us pray...**Almighty God, to you all hearts are open, all desires are known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

THE HYMN OF PRAISE

THE SALUTATION AND COLLECT OF THE DAY

God be with you.
And also with you.
Let us pray....Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**

The Liturgy of the Word

Please be seated.

THE HEBREW SCRIPTURES *Genesis 32:22-31*

A reading from the Book of Genesis

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip.

A brief silence, then:

Hear what the Spirit is saying to God's people.
Thanks be to God.

PSALM 17:1-7, 16 *Exaudi, Domine*

Hear my plea of innocence, O LORD;
give heed to my cry; *
listen to my prayer, which does not come from lying lips.

Let my vindication come forth from your presence; *
let your eyes be fixed on justice.

Weigh my heart, summon me by night, *
melt me down; you will find no impurity in me.

I give no offense with my mouth as others do; *
I have heeded the words of your lips.

My footsteps hold fast to the ways of your law; *
in your paths my feet shall not stumble.

I call upon you, O God, for you will answer me; *
incline your ear to me and hear my words.

Show me your marvelous loving-kindness, *
O Savior of those who take refuge at your right hand
from those who rise up against them.

But at my vindication I shall see your face; *
when I awake, I shall be satisfied, beholding
your likeness.

**Glory to God, Source of All Being, Incarnate Word and Holy Spirit; *
as it was in the beginning, is now, and will be for ever. Amen.**

THE CHRISTIAN SCRIPTURES — Romans 9:1-5

A reading from the Letter of Paul to the Romans

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

A brief silence, then:

Hear what the Spirit is saying to God's people.
Thanks be to God.

Please rise in body or spirit.

THE GOSPEL ACCLAMATION

THE HOLY GOSPEL — *Matthew 14:13-21*

The Holy Gospel of our Savior Jesus Christ according to Matthew.
Glory to you, O Christ.

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick.

When it was evening, the disciples came to him and said, “This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.” Jesus said to them, “They need not go away; you give them something to eat.” They replied, “We have nothing here but five loaves and two fish.” And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

A brief silence, then:

The Gospel of Christ.
Praise to you, O Christ.

Please be seated.

THE HOMILY — Rev. Meredith Rogers

Please stand in body or spirit.

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

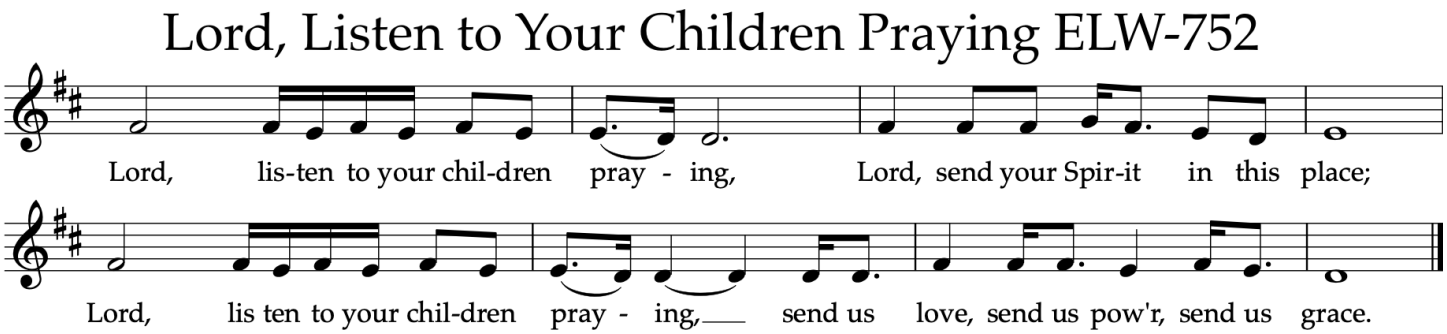
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
With the Father and the Son she is worshiped and glorified,
she has spoken through the prophets.
We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

It is our custom to light candles for those who are sick or distressed and to remember those who have died. The prayer stations are on either side of the Altar. The refrain is sung once.



Celebrant: Empowered by the Holy Spirit that was experienced by the early Christians on the day of Pentecost, we boldly bring these prayers to you.

Trusting God, we hold up to you all who seek your guidance, especially those in the Anglican Communion, the Episcopal Church and our Episcopal Church in Colorado.
We offer this prayer to you.

Constant God, we hold up to you our longing for peace.
We offer this prayer to you.

Patient God, we hold up to you the leaders of our country that they may obey the vows they have taken.
We offer this prayer to you.

Ever present God, we hold up to you those who risk their lives in service to our country, and all courageous people who understand the cost of freedom.
We offer this prayer to you.

Empowering God, we hold up to you the ways in which we reach out to serve your people, especially for Network Coffee House, which works to support our unhoused neighbors through hospitality, affirming the dignity of all people, and through mutual kinship, healing becomes possible.
We offer this prayer to you.

God our guardian and sure defense, we ask for your protection from the spreading wildfires across Colorado. We ask for the protection of those fighting in harm's way. We pray for those coordinating efforts in support and relief. Be with those besieged by fire, guide those who evacuate so that they may find care and comfort in a safe place; protect their homes and their pets, their neighbors and their friends, so that they may return home to a loving community.
We offer this prayer to you.

Compassionate God, we grieve for the loss of human life, animal life, plants, and trees, and the scarring of the earth. We are saddened for the original custodians of the land, the First Peoples of the land, and the poor and marginalized disproportionately affected by the fires. Turn our sadness into compassion.
We offer this prayer to you.

Tender God, we hold up to you those people for whom we have been asked to pray, Will, Greg, Marcia, Michael, Kelly, the Magana family, and those we name aloud or in silence (pause.)
We offer this prayer to you.

Constant God, we hold up to you those we love but no longer see, especially Al and those we name in silence or aloud (pause.)
We offer this prayer to you.

Eternal and Present God, we beseech your guidance to stay grounded in you as we resist the world's call to chaos.
We offer this prayer to you.

Celebrant: For all the ways you guide us this Pentecost Season, we offer our grateful thanks, Loving God.

The refrain is sung once more.

THE CONFESSION

Let us confess our sins against God and our neighbor

Silence may be kept.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

THE ABSOLUTION

Almighty God, have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in everlasting life. **Amen.**

THE PEACE

The peace of Christ be always with you.
And also with you.

All share a greeting of peace.

WELCOME AND ANNOUNCEMENTS

THE PRAYERS FOR BIRTHDAYS, ANNIVERSARIES, AND TRAVELERS

For our St. Barnabas family, here and elsewhere.

Birthday Prayer

Watch over your children, O God, as their days increase; bless and guide them wherever they may be, strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

Anniversary Prayer

Send, O God, your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their homes may be havens of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

A Prayer for Travelers

Almighty God, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them to their journey's end; through Jesus Christ our Lord. Amen

THE OFFERTORY SENTENCE

The Liturgy of the Meal

THE OFFERTORY

The Presentation of the Bread and Wine

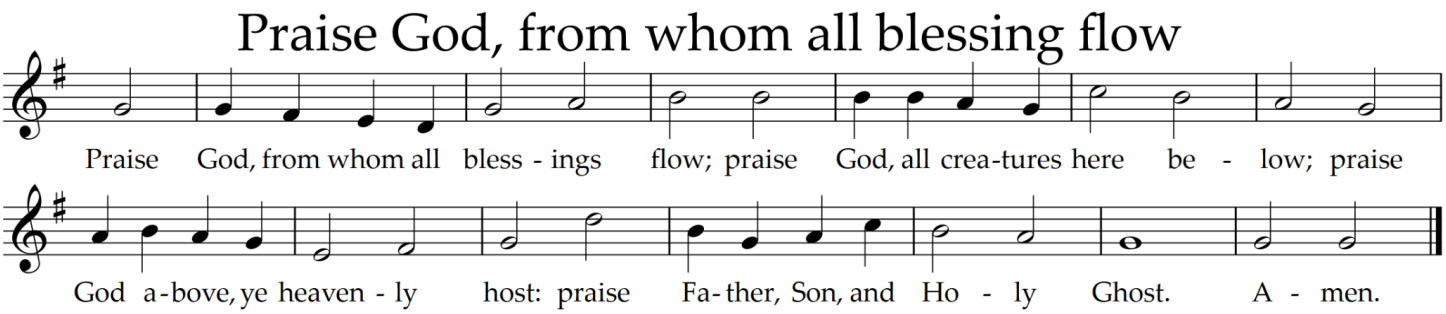
Offertory Music

Let Us Break Bread Together Craig Courtney Walt Flor, tenor; Michael Jordan, baritone
Janet Frazier, pianist

The Presentation of the Gifts

Please stand in body or spirit.

The Offertory Hymn



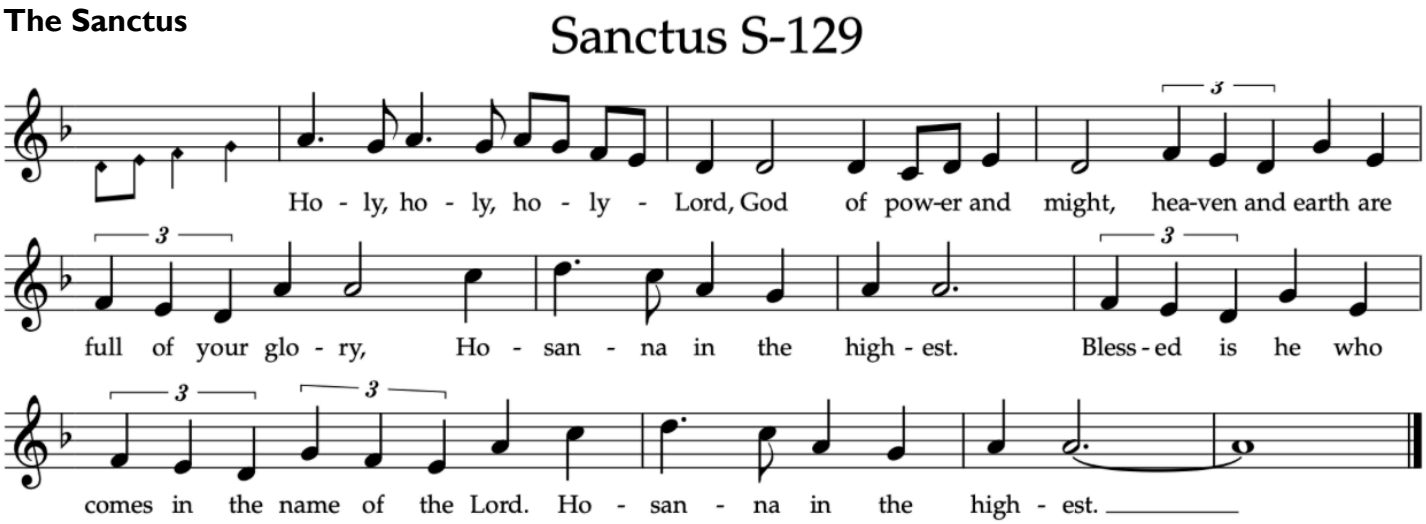
THE GREAT THANKSGIVING **Eucharistic Prayer 2**

God be with you.
And also with you.
Lift up your hearts.
We lift them up to God.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing,

The Sanctus



The Celebrant continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

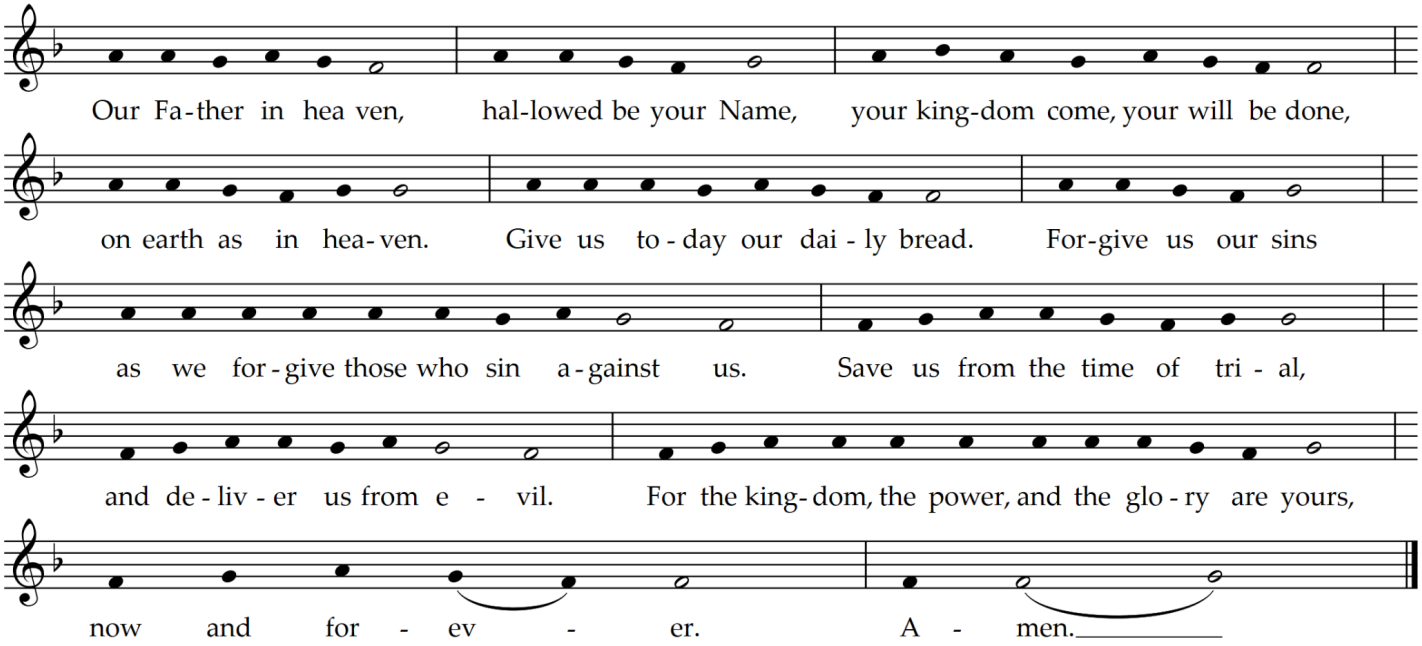
Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with Barnabas and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

The Lord's Prayer

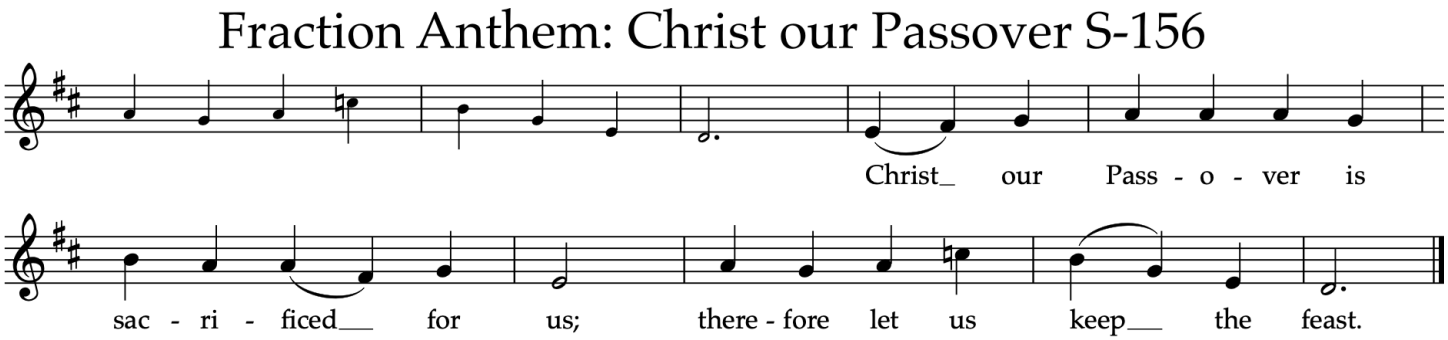
It is our custom at St. Barnabas to hold hands during The Lord's Prayer.

And now, as our Savior Christ has taught us, we are bold to pray,



The Breaking of the Bread and the Fraction Anthem

Silence is kept.



The Invitation to Communion

Here is the table of the Lord, we are gathered to his supper, a foretaste of things eternal.
Come, when you are fearful, to be made new in love. Come, when you are doubtful, to be made strong in faith.
Come, when you are regretful, and be made whole. Come, old and young, there is room for all.

Please be seated. This is the table of God. Jesus welcomed everyone to his table, and so we at St. Barnabas welcome everyone to this table. Gather around the Altar as you are directed. You may stand or kneel as is your custom. The Celebrant will place the wafer into your hand. Gluten free wafers are available upon request. You have two options to receive the wine. A Chalice Bearer will offer the Common Cup from which you may drink, or you may dip the wafer in the wine when a second chalice comes in turn. You may also choose not to partake of the Cup. When you have received the Sacrament, please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.

The Music During Communion

Please stand in body or spirit.

THE SENDING OUT OF EUCHARISTIC VISITORS (Occasional)

N. in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ's Body and Blood.
We who are many are one Body, because we all share one Bread, one Cup.

THE PRAYER AFTER COMMUNION

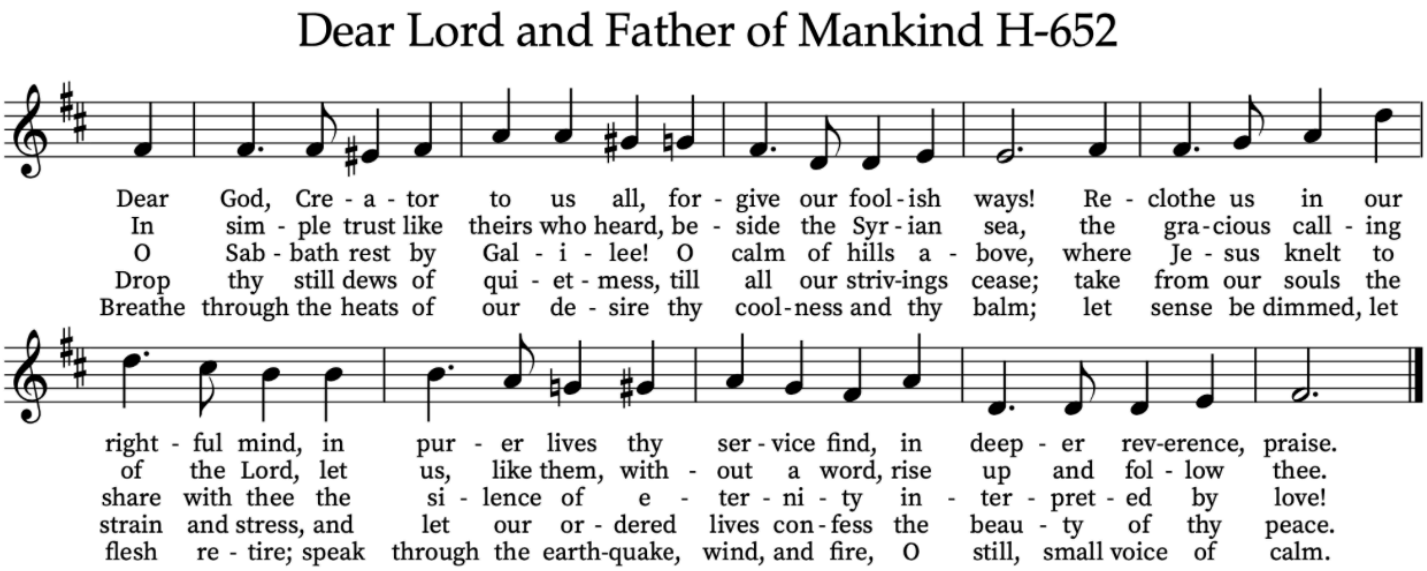
Let us pray…God of abundance,
you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

The Liturgy of Sending

THE BLESSING

Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always. **Amen.**

THE SENDING HYMN



THE DISMISSAL

Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia!
Thanks be to God. Alleluia, Alleluia!

THE POSTLUDE

Toccata in A Major Pietro Domenico Paradies Rebecca Marshall

**Hymns reprinted under One License #A-729701.*

Those In Need of Prayer

Dennis Kennedy, Meghann Mayes, Kate, Matt and Suzy Stolwyk, Spencer Mize, Deb Sawtelle, Rachel Lee Nakamoto, Valerie, Larry and Cheryl Volmert, Josh and family, the Noteman family, Cathy Manning Smith, Janet Manning, Marsi Najdeni, the Reid family, the Simpson family, Skyler Spettel, Michael Sanders, Melanie Grant, Jason Doty and Kayla Kilk, Julian, Ada O'Dell, Dave and Joan, Joe M., Christopher Delphey and Rebecca Field, Rachel, Helen Barron, Steve Holt and the Schrag family, Aaron Sefton, Greg Roosevelt, Marcia Stevens, Michael Avery, Kelly, the Magana family, the Trautman nad Suter family, Dian Ong, Karen Lynn Hermanson, Kimberly Marker, Allie, those imprisoned or expelled from the country without due process, the people of Ukraine, the people of Sudan, all victims of gun violence, the people in the Middle East, all those serving in the military, and those who suffer from conflict and natural and human disaster.

New to the prayer list

Will Gannon, son of Jody Will's Daughter-in-law.

Those who have died

Al Habbercorn, friend of Jim Sawtelle. Rest eternal grant them, O Lord, and let light perpetual shine upon them.

Please check the table in Lukens Wing for cards to sign for those we want to remind of our love and care.

This Week's Parish Schedule

Sunday, August 2: The Tenth Sunday After Pentecost

- 8:30 am: Contemplative Time in Foster Chapel
- 9:30 am: Holy Eucharist (sung) in the Sanctuary
- 2:00 - 4:30 pm: Episcopalians for Justice & Mercy Picnic at City Park

Tuesday, August 4

- 10:00 am: Staff Meeting
- 4:00 pm: Community Life Committee Meeting via Zoom

Wednesday, August 5

- 10:00 am: Bible Study and Holy Eucharist in the Brady Room

Sunday, August 9: The Eleventh Sunday After Pentecost

- 8:30 am: Contemplative Time in Foster Chapel
- 9:30 am: Holy Eucharist (sung) in the Sanctuary

Birthdays

Anne Bryan	August 1
Rob Friesen	August 1
Lily Trautman	August 1
Mike Erickson	August 12
Mary Zick	August 13
Emma Griffis	August 14
Carol Wier	August 16
Jack Unruh	August 20
Brian Reid	August 20
Malcolm Mounlade	August 21
Cindy Lees	August 21
Joe Megeath	August 21
Russel Bruch	August 21
Livia Dempsey	August 25
Jana Everett	August 30
Lucy Gartland	August 30
John Graves	August 31

Anniversaries

Jim and Karen Esten	August 9
Crystal Rivera and Joe Vivian	August 11
Karen and Lynn Hoffman	August 12
Larry and Cheryl Volmert	August 17
Lena Potyondy and Nate Stone	August 18
Michael Coston and Andrea Crary	August 27
Mary Duell and Mary Zick	August 30
Jamie Henderson and Ray O'Loughlin	August 30

Announcements

AUGUST GIVING-2-OTHERS

Network Coffee House

Our August Giving-2-Others recipient is Network Coffee House. Located at the northeast corner of 14th & Pearl, Network is a hospitality house where the dignity of all people is clearly affirmed, mutual kinship is encouraged, and healing becomes possible. Network takes seriously the commitment to love our unhoused neighbors, providing a safe space to get a cup of coffee, use a phone, take a shower, and belong. For more information, visit **https://www.networkcoffeehouse.org/.**

Please be generous by donating online or you can earmark a check to St. Barnabas for Giving-2-others and place it in the offering plate, the office, or mail it.
https://linktr.ee/stbdenver

++++++++++++++++++++++++++++++++

SUMMER "UNDER THE OAK" BOOK DISCUSSION SUNDAY, AUGUST 16

This next discussion is sponsored by the Forum Planners, and will take place at 8:15 - 9:15. If you missed the first discussion on July 19, it's not too late to join us for our next book discussion on August 16. Get your book at your local library, through Thriftbooks or a local bookstore so that you can join!

August 16: We will discuss *The Tears of Things: Prophetic Wisdom for an Age of Outrage* by Richard Rohr. One of our most prominent spiritual voices offers a wholehearted and hope-filled model for the world today, grounded in the timeless wisdom of the Hebrew prophets. Leading our discussion is Kathryn Limmer and Suzy Stolwyk.

++++++++++++++++++++++++++++++++

VIGIL AGAINST ICE DETENTION WITH EPISCOPALIANS FOR JUSTICE AND MERCY EVERY THIRD WEDNESDAY (NEXT MEETING IS AUGUST 19)

Join Episcopalians for Mercy and Justice every 3rd Wednesday of the month through summer at 6:00 pm outside the **GEO/ICE Immigration Prison**, **3130 N Oakland Street, Aurora.** Wear red! Invite a friend or your whole parish. For more information or questions, please email **justice@stbdenver.org**

++++++++++++++++++++++++++++++++

BELOVED LGBTQ+ MONTHLY BIBLE STUDY EVERY THIRD WEDNESDAY 6:30 PM AT ST. BARNABAS (NEXT MEETING IS AUGUST 19)

Beloved, the LGBTQ+ fellowship group at Saint John's, will host a monthly Bible study beginning Wednesday, May 20 at 6:30 pm at St. Barnabas. Our Bible study will follow the lectionary and we will read through the lessons for the coming Sunday and discuss together. Each gathering will last 60 to 90 minutes and folks are encouraged to drop in and out as they need. All LGBTQ+ members of Saint John's, St. Barnabas, and other parishes are welcome to join! Bible Study Contact: **alecia.jay.davis@gmail.com**

++++++++++++++++++++++++++++++++

BACKPACK SUNDAY AUGUST 23 IN WORSHIP

All children, youth, students of all ages, and educators are invited to bring your backpacks to worship on the 23rd for a special time of blessing and celebration of a new school year. We will have arts & crafts during coffee hour to send you to school prepared as well! We hope to see you there!

++++++++++++++++++++++++++++++++

SAVE THE DATE! ST. BARNABAS PARISH ANNUAL PICNIC SATURDAY, AUGUST 29 NOON - 3PM

We will again gather at **Ruby Hill Picnic Site #4.** The site is readily accessible from the parking lot which has several Handicap spaces. Shade is provided over the picnic tables. Fried Chicken and nonalcoholic beverages will be provided. All are invited to contribute side dishes and desserts. Bring your lawn chairs for additional seating and any lawn games you might enjoy. Directions and more information to follow.

++++++++++++++++++++++++++++++++

ASK CONGRESS TO ADDRESS THE CRISIS IN CUBA

Humanitarian conditions in Cuba continue to deteriorate. Across the island, essential systems, including healthcare, electricity, water, and food distribution, are close to collapse. The crisis is exacerbated by U.S. sanctions and restrictions on fuel and supplies, including food, water, and medicine. To take action, visit **https://www.episcopalchurch.org/ministries/office-government-relations/action-alerts/**

++++++++++++++++++++++++++++++++

STOP THE OFFICE OF MANAGEMENT AND BUDGET'S (OMB) DESTRUCTION OF AMERICAN SCIENCE

OMB's latest proposed rule, "Regulation for Federal Financial Assistance," would require all scientific grants to be approved by political appointees, stealing approval power from career experts in their fields. Funding would be required to align with "Administration policies and priorities." Email your two U.S. Senators and your U.S. House Rep, demanding they take necessary action and protect independent science from political interference. **https://fight2win.standupforscience.net/campaign/163673/**

++++++++++++++++++++++++++++++++

COLORADO DESERVES A FAIR TAX SYSTEM! HELP GET A GRADUATED INCOME TAX ON THE BALLOT

We're working to put a fair tax (a graduated income tax) on the 2026 ballot and we need you. To understand the growing wealth inequality, visit **https://bellpolicy.org/growing-wealth-inequality-in-colorado/.**

To help spread the word, volunteer with Protect Colorado's Future and/or donate to fund voter outreach and ballot qualification. Visit **https://protectcoloradosfuture.com/**

++++++++++++++++++++++++++++++++

CONTACT YOUR REPS: STOP ICE FLIGHTS

Share with family and friends about the unsafe conditions and incredible waste of resources with these ICE flights. Watch the 9News coverage at **https://www.youtube.com/watch?v=8BsGVWw8BZQ** .

Call your senators and representatives and demand a congressional oversight hearing. Find your representative at **https://www.house.gov/representatives/find-your-representative**

++++++++++++++++++++++++++++++++

St. Barnabas Episcopal Parish

1280 Vine St., Denver, CO 80206
303.388.6469
www.stbdenver.org/
office@stbdenver.org

Parish Office Hours: Tuesday through Friday, 9:00 am to Noon.

Welcome to St. Barnabas!

We experience God's redeeming love in all and through all and respond to love through faithful worship, life-long spiritual growth, and committed outreach.

Our community shares a progressive faith, opens our arms to all seekers, and works to make the world more just.

Staff

Rector	***The Rev. Meredith Rogers*** *(she/her)*
Music Director	***Nichole Young*** *(she/her)*
Parish Administrator	***Keisha Masby*** *(she/her)*
Accounts Payable/Receivable	***Trek Salzer (he/him)***

Leadership

Mr. Kent Freed, Sr. Warden (he/him)
Mr. Jim Hayes, Jr. Warden (he/him)
Mr. Ed Wolfrum, Treasurer (he/him)
Mr. David Ford, Clerk of the Vestry (he/him)
Dr. Caroline (Carrie) Corrigan, Member of Vestry (2027) (she/her)
Mr. Bill Lundgren, Member of Vestry (2027) (he/him)
Ms. Sis Flor, Member of Vestry (2028) (she/her)
Dr. John Graves, Member of Vestry (2028) (he/him)
Mr. Mikolaj Bandosz, Member of Vestry (2029 (he/him)
Ms. Suzy Stolwyk, Member of Vestry (2029) (she/her)