

St. Barnabas

EPISCOPAL PARISH

The Holy Eucharist

August 25, 2024

The Fourteenth Sunday after Pentecost

Welcome to St. Barnabas!

We experience God's redeeming love in all and through all and respond to love through faithful worship, life-long spiritual growth, and committed outreach.

Our community shares a progressive faith, opens our arms to all seekers, and works to make the world more just.

*In today's gospel, many people take offense at Jesus' invitation to eat his flesh and drink his blood; even many of Jesus' disciples peel off. This is the backdrop in John's gospel for Peter's confession of faith. "To whom can we go?" asks Peter. "You have the words of eternal life." In order to take such a stand, as Peter and Joshua did, the writer of Ephesians tells us to arm ourselves with the Word of God. We pray in the Spirit that we might be bold ambassadors of the Gospel.***

A bell tolls.

THE GREETING AND ANNOUNCEMENTS

THE PRAYERS FOR BIRTHDAYS, ANNIVERSARIES, AND TRAVELERS

For our St. Barnabas family, here and elsewhere.

Birthday Prayer

Watch over your children, O God, as their days increase; bless and guide them wherever they may be, strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

Anniversary Prayer

Send, O God, your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their homes may be havens of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

A Prayer for Travelers

Almighty God, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them to their journey's end; through Jesus Christ our Lord

We invite you to quiet your hearts and minds as we prepare for worship.

THE PRELUDE

Prelude in C, BWV 566a

J. S. Bach

The Liturgy of Gathering

Please stand in body or spirit.

THE GATHERING HYMN *

Will You Let Me Be Your Servant ELW-659



Will you let me be your ser - vant, let me be as Christ to you?
We are pil - grims on a jour - ney, we are trav - lers on the road;
I will hold the Christ-light for you in the night - time of your fear;
I will weep when you are weep - ing; when you laugh I'll laugh with you.
Will you let me be your ser - vant, let me be as Christ to you?



Pray that I may have the grace to let you be my ser - vant, too.
we are here to help each oth - er walk the mile and bear the load.
I will hold my hand out to you, speak the peace you long to hear.
I will share your joy and sor - row till we've seen this jour - ney through.
Pray that I may have the grace to let you be my ser - vant, too.

THE OPENING ACCLAMATION

+Blessed be the one, holy, and living God:

Glory to God forever and ever.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid.
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly
love you and worthily magnify your holy Name; through Christ our Savior. Amen.

THE HYMN OF PRAISE*

Glory to God S-280

Glo-ry to God in the high - est, and peace___ to God's peo-ple on
earth. Lord God, heaven-ly King, al-might-y__God and Fa - ther, we wor-ship you, we give you thanks, we
praise you for your glo - ry. Lord Je - sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb_ of
God, you take a-way the sin of the world: have mer - cy on us; you are seat - ed at the
right hand of the Fa-ther: re - ceive our prayer. For you a-lone are the Ho - ly One,
you a- lone_ are the Lord, you a-lone are the Most High, Je - sus Christ, with the Ho - ly
Spi - rit, in the glo - ry of God___ the Fa - ther. A - men.

THE SALUTATION AND COLLECT OF THE DAY

God be with you.

And also with you.

Let us pray...Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Liturgy of the Word

Please sit.

THE HEBREW SCRIPTURES *Joshua 24:1-2a, 14-18*

*In the Near East, covenant means “agreement” or “alliance.” It describes relationships and is the primary word used to characterize the relationship between God and Israel. By delivering Israel, God has already begun the relationship. Joshua calls upon the people to respond.***

The reading is introduced.

A reading from the first book of Joshua.

Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, “Thus says the Lord, the God of Israel:

“Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord.”

Then the people answered, “Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God.”

A brief silence, then:

Hear what the Spirit is saying to God’s people.

Thanks be to God.

PSALM 34:15-22 *Benedicam Dominum*

The eyes of the Lord are upon the righteous. (Ps. 34: 15)

The psalm is sung responsively between Cantor and congregation.



The eyes of the Lord are upon the ‘ righteous, *
and his ears are open / to their cry.

**The face of the Lord is against those who do ‘ evil, *
to root out the remembrance of them / from the earth.**

The righteous cry, and the Lord ‘ hears them *
and delivers them from / all their troubles.

**The Lord is near to the broken -’ hearted *
and will save those whose / spirits are crushed.**

Many are the troubles of the ‘ righteous, *
but the Lord will deliver him / out of them all.

**He will keep safe all his ‘ bones; *
not one of them / shall be broken.**

Evil shall slay the ‘ wicked, *
and those who hate the righteous / will be punished.

**The Lord ransoms the life of his ‘servants, *
and none will be punished who / trust in him.**

**Glory to God, Source of All Being, Incarnate
Word, and Holy ‘Spirit; *
as it was in the beginning, is now, and will be
for ever. Amen. / Alleluia!**

THE CHRISTIAN SCRIPTURES *Ephesians 6:10-20*

*Like a general giving a rousing speech to troops before battle, this letter closes by calling on Christian to be equipped for spiritual warfare against evil. The full armor of God includes truth, righteousness, peace, faith, the gift of salvation, and the Word of God inspired by the Spirit.***

The reading is introduced.

A reading from the letter to the Ephesians.

Be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet, put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

A brief silence, then:

Hear what the Spirit is saying to God’s people.

Thanks be to God.

Please stand in body or spirit.

THE GOSPEL ACCLAMATION *

Alleluia, Alleluia, Alleluia

Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia. Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

Cantor: Lord, to whom shall we go? You have the words of eternal life.**

Alleluia, Alleluia, Alleluia



THE HOLY GOSPEL *John 6:56-69*

*The “hard saying” that offends Jesus’ disciples is his claim that his followers must eat his flesh and drink his blood. The followers who return to their old lives know something about how odd this sounds. Simon Peter, on the other hand, knows something about the scarcity of living gracious words. He asks the most important question: “To whom shall we go?”***

The Holy Gospel of Our Lord Jesus Christ according to Saint John.

Glory to you, O Christ.

Jesus said, “Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.” He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, “This teaching is difficult; who can accept it?” But Jesus, being aware that his disciples were complaining about it, said to them, “Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.” For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, “For this reason I have told you that no one can come to me unless it is granted by the Father.”

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, “Do you also wish to go away?” Simon Peter answered him, “Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.”

A brief silence, then:

The Gospel of Christ.

Praise to you, O Christ.

Please sit.

The Homily Pastor Stephanie Kopsch

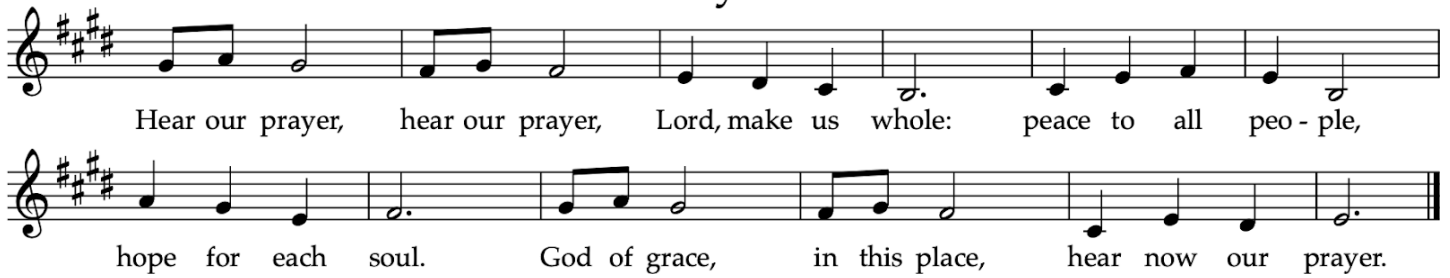
Please stand in body or spirit.

THE PRAYERS OF THE PEOPLE

It is our custom to light candles for those who are sick or distressed and to remember those who have died.

*The prayer stations are on either side of the Altar. The refrain is sung once. **

Hear our Prayer ELW-178



Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple,
hope for each soul. God of grace, in this place, hear now our prayer.

Bidder: Trusting that the power that fell on early Christians on the first Pentecost may now fall afresh on us, we offer these intercessions to you, our God.

For all who seek a deeper faith, and especially for the Anglican Communion and Archbishop Justin Welby, Presiding Bishop of the Episcopal Church Michael Curry, Presiding Bishop Elect Sean Rowe, and Bishop in Colorado Kym Lucas, as they lead us through these challenging times, we offer this prayer:

Trusting in your guidance.

For the leaders of the world, that they may discover and employ peaceful manifestations of their power so that our world may become a safe place for all its inhabitants, we offer this prayer:

Trusting in your guidance.

For the election of 2024, that all of us will work to become informed and then turn out to vote, we offer this prayer:

Trusting in your guidance.

For Interim Rector Stephanie, Pastoral Associate Patti, St. Barnabas' Wardens, Jolene and Jim, our Vestry, and all the leaders and staff leading us as we discover and articulate our call as the parish of St. Barnabas, we offer this prayer:

Trusting in your guidance.

For a vision of caring for our planet, stabilizing and healing it, and energizing people to make necessary changes, we offer this prayer:

Trusting in your guidance.

For all those for whom we have been asked to pray—for mending of health or relationships, especially Patti, Anne, the Holbrook family, the Hayes family, Dennis, Bill, Marty and Diana, Larry, Carol and family, John and Patrice, Larry, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster, and those we name aloud or in silence (*silence*), we offer this prayer:

Trusting in your guidance.

For those now fully with you and no longer with us here, and those we name aloud or in *silence* (*silence*), we offer this prayer:

Trusting in your guidance.

Celebrant: For your hearing these intercessions that we have faithfully offered, we give you thanks, O God.
Amen.

*The refrain is sung once more. **

Hear our Prayer ELW-178

Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple,
hope for each soul. God of grace, in this place, hear now our prayer.

THE CONFESSION AND FORGIVENESS

Let us confess our sins against God and our neighbor.

A brief silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Beloved One Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, +forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of the risen Christ be always with you.

And also with you.

All share a greeting of peace.

The Liturgy of the Meal

THE OFFERTORY

The Offertory Sentence

Please sit.

The Presentation of the Bread and Wine

Please stand in body or spirit.

The Presentation of the Gifts

The Offertory Hymn*

Praise God, From Whom All Blessings Flow H-380

Praise God, from whom all bless-ings flow; praise God, all crea-tures here be - low; praise
God a -bove, ye heaven- ly host: praise Fa-ther, Son, and Ho - ly Ghost. A - men.

THE GREAT THANKSGIVING

The Preface and Proper Preface

God be with you.

And also with you.

Lift up your hearts.

We lift them to God.

Let us give thanks to our God.

It is right to give our thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Because in Jesus Christ our Lord you have received us as your children, made us citizens of your realm, and given us the Holy Spirit to guide us into all truth.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

The Sanctus*

Sanctus S-125

Ho-ly, ho-ly, ho - ly One, God of pow-er and might, heaven_ and earth__ are full__ of your
glo-ry. Ho - san - na in the high-est. Ho - san-na in the high-est. Blessed is one who comes in the
name_ of__ God. Ho - san - na in the high-est. Ho - san-na in the high- est._____

The Celebrant continues

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only-begotten One, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Maker of all. Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore let us proclaim the mystery of faith.

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Beloved One, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with the blessed Virgin Mary, blessed Barnabas, and all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Lord. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **Amen.**

The Lord's Prayer*

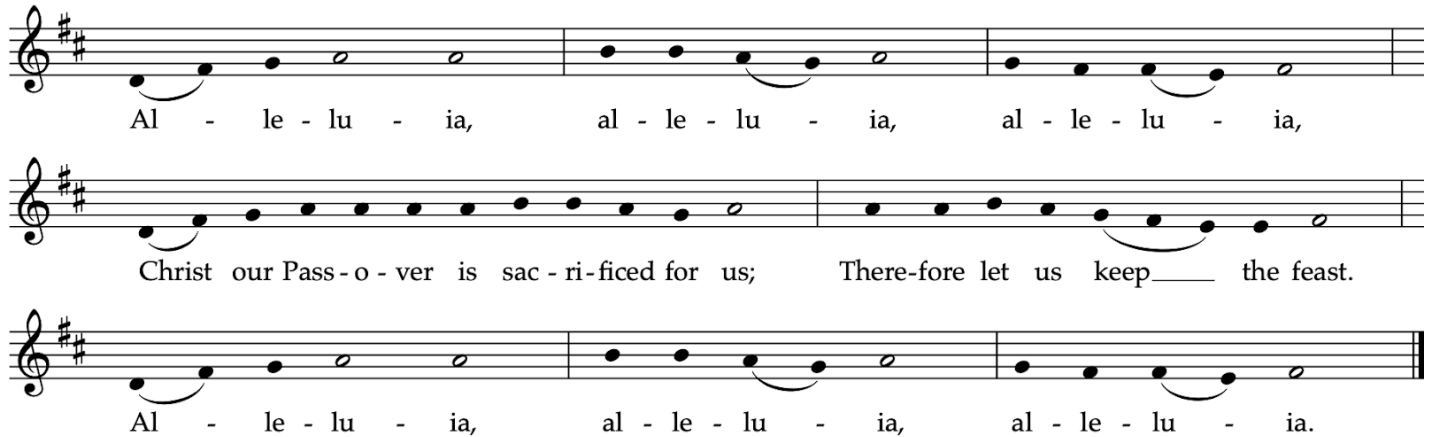
It is our custom to hold hands during The Lord's Prayer.

As Jesus has taught us, we pray those words that bind us together:

Our Fa-ther in hea ven, hal-lowed be your Name, your king-dom come, your will be done,
on earth as in hea-ven. Give us to-day our dai-ly bread. For-give us our sins
as we for-give those who sin a-gainst us. Save us from the time of tri-al,
and de-liv-er us from e-vil. For the king-dom, the power, and the glo-ry are yours,
now and for-ev-er. A-men.

THE BREAKING OF THE BREAD AND FRACTION ANTHEM*

Christ our Passover S-154



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia,
Christ our Pass - o - ver is sac - ri - ficed for us; There - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

THE INVITATION TO COMMUNION

The Gifts of God for the People of God. Receive who you are, become what you receive.

Please sit.

This is the table of God. As Jesus welcomed everyone to his table, and so we at St. Barnabas welcome everyone to this table. Gather around the Altar as you are directed. You may stand or kneel as is your custom. The Celebrant will place the gluten-free bread into your hand. You have two options to receive the wine. A Chalice Bearer will offer the Common Cup from which you may drink, or you may dip the bread in the wine when a second chalice comes in turn. You may also choose not to partake of the Cup. When you have received the Sacrament, please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.

For the summer no hymn will be sung during communion, though occasionally there will be special music. We invite you into the silence to bask in and reflect on Christ's presence with us in the Sacrament.

THE SENDING OUT OF EUCHARISTIC VISITORS (Occasional)

N., in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ's Body and Blood.

Please stand in body or spirit.

THE PRAYER AFTER COMMUNION

Let us pray...Eternal God,

you have graciously accepted us as living members of your Beloved One Jesus Christ, and you have fed us with spiritual food in the Sacrament of Christ's Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Liturgy of Sending

THE BLESSING

Life is short, and we do not have much time to gladden the hearts of those who travel the way with us. So be swift to love, make haste to be kind; and +the blessing of the One who made you, who loves you, and who walks the way with you still be with you this day and remain with you always. **Amen.**

THE SENDING HYMN*

We are Marching in the Light of God ELW-866

The musical score is written in G major (one sharp) and 3/4 time. It consists of five systems of music. Each system has a vocal line and a piano accompaniment line. The lyrics are: "We are march - ing in the light of God, we are march-ing in the light of God." The score includes various musical notations such as treble clefs, key signatures, time signatures, and dynamic markings. There are several triplet markings (indicated by a '3' over a bracket) and a fermata over the final note of the first system. The piano accompaniment features a steady eighth-note pattern in the right hand and a more complex rhythmic pattern in the left hand.

- 2. We are dancing.....
- 3. We are praying.....
- 4. We are singing.....

THE DISMISSAL

Alleluia! Alleluia! Go in peace to love and serve the Lord.

Thanks be to God. Alleluia! Alleluia!

POSTLUDE

"We Know that Christ is Raised"

David Cherwien

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***Liturgical pieces are from Sundays and Seasons: Year B 2024, Augsburg Fortress, Publishers, Minneapolis*

St. Barnabas Episcopal Parish

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Parish Office Hours: Tuesday through Friday, 9:00 am to Noon.

Interim Rector
Pastoral Associate
Music Director
Organist
Parish Administrator
Bookkeeper

Pastor Stephanie Kopsch (she/her)
Ms. Patti Walter (she/her)
Ms. Misty Dupuis (she/her)
Ms. Ronda Hilton (she/her)
Ms. Julia Wade (she/her)
Ms. Lexi Jones (she/her)

Those In Need of Prayer

The Holbrook family, the Hayes family, Dennis Kennedy, Bill Miles, Marty and Diana Flahive, Larry Volmert, Carol Wier and family, John and Patrice Hayes, Larry Konkell, Andrea, Nicolle, Selah Kay, Jessica Sweet, Claire Hayes, the Long family, Atlee Witt, Jim Hostler, Meghann and Kai, RJ Campbell, Bob Manning, KaJune Kent, Kathy Labargethy Alden, Brian Reid, Shanelle Duran, Hildegard White, Greg Roosevelt, the Benson and Manning families, Jill Schlegal, Raymond Dupuis-Spiva, Charles Michael Goodall, John Graves, Joy Sandoz, Patti Walter, the family of Burley Shepard, Margaret Noteman, Darryl Searuggs, Jamie Henderson, Jim Esten, Anne Wolfrum, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster.

New to the prayer list

Those who have died

Rest eternal grant them, O Lord, and let light perpetual shine upon them.

This Week's Parish Schedule

Sunday, August 25: The Fourteenth Sunday after Pentecost

- 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.

Monday, August 26

- Forum Committee on Zoom.

Tuesday, August 27

- 3:00 pm Prayers of the People meeting
- 7:00 pm: Social Justice via Zoom.

Wednesday, August 28

- 9:00 am: Staff meeting in the Workroom.
- 10:00 am: Bible Study in the Brady room.
- 6:00 pm: Vestry meeting in Grant Hall.

Sunday, September 1: The Fifteenth Sunday after Pentecost

- 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.

Birthdays

Louis Dupuis-Spiva	August 25
Livia Dempsey	August 25
Jana Everett	August 30
Luci Gartland	August 30
John Graves	August 31
Carrie Corrigan	September 2
Jim Sawtelle	September 4
Louisa Rivera	September 7
Marcia Doty	September 8
Kelly Rose Knierim	September 9
Larry Volmert	September 10
Dani Morello Long	September 14
Tori Meyers	September 14
Pax Sefton	September 16
Jeffrey Nelson	September 17
Elizabeth Dupuis-Spiva	September 19
Janmarie Pilcher	September 24

Anniversaries

Andrea Crary and Michael Coston	August 27
Jamie Henderson and Ray O'Loughlin	August 30
Mary Duell and Mary Zick	August 30
Judy and Tom Ward	September 1
Cherry and Steve Barney	September 8
Cindy Lees and Mitch Mize	September 13
Rachael Lee and Sean Nakamoto	September 18
Toni and Tom Potter	September 19

Announcements

**PATTI WALTER TRANSPLANT
MONDAY AUGUST 26**

Special prayers for Patti Walter and her team of doctors as she receives her CAR-T cell transplant tomorrow morning.

For occasional updates from Patti and how to reach her, please visit the StB Weekly.

**KICK-OFF SUNDAY
SUNDAY, SEPTEMBER 8**

Join us in two weeks for Coffee Time with the band.

**GIVING-2-OTHERS AUGUST
PROJECT ANGEL HEART**

The recipient of Giving-2-Others donations in August is Project Angel Heart, which prepares and delivers nutritious, medically tailored meals to those living with severe illnesses. St. Barnabas celebrated with Project Angel Heart in December 2023 as they delivered their 10 millionth meal. They began 30 years ago in the St. B's kitchen with just a few meals, and now deliver about 800,000 meals a year in their expanded service area of 1,600 square miles along the Front Range. For more information about Project Angel Heart, go to www.projectangelheart.org.

You may donate to Giving-2-Others via the Weekly eNews, drop a check in the plate or send a donation

directly to the office. Remember to add "Giving-2-Others" in the memo line. Your generosity makes a difference in the health and well-being of thousands of individuals who are medically fragile.

**COFFEE TIME
REFRESHMENTS**

Please consider providing goodies for Coffee Time. **September 1** is still unclaimed ;-).

L'ECOLE UPDATE

See this week's StB Weekly for the newest update about the delay.

**BURLEY SHEPARD
CELEBRATION OF LIFE**

**Saturday, September 14 at 10:30 am
A Reception will follow**

*Rest eternal grant to him, O Lord, and let light
perpetual shine upon him.*