

The Holy Eucharist

August 11, 2024

The Twelfth Sunday after Pentecost

Welcome to St. Barnabas!

We experience God's redeeming love in all and through all and respond to love through faithful worship, life-long spiritual growth, and committed outreach.

Our community shares a progressive faith, opens our arms to all seekers, and works to make the world more just.

Jesus says that the bread he gives for the life of the world is his flesh, and whoever eats this bread has eternal life now and will be raised on the last day. The writer of Ephesians tells us what this life Jesus gives us looks like, this life we live as those marked with the seal of the Holy Spirit in baptism. We live in love, as Christ loved us and gave himself for us. The whole purpose of life is giving yourself for the other.**

A bell tolls.

THE GREETING AND ANNOUNCEMENTS

We invite you to quiet your hearts and minds as we prepare for worship.

THE PRELUDE

"Be Thou My Vision" (Melody - Slane, trad. Irish; English Translation of Words - Eleanor Hull, 1912).

Arr. Rachel and Aaron Sefton. Rachel Sefton voice, Aaron Sefton mandolin and voice, Lily Sefton viola and voice, Pax Sefton percussion and voice.

The Liturgy of Gathering

Please stand in body or spirit.

THE GATHERING HYMN *	
Borning Cry ELW-732	
1."I was there to hear your born-ing cry, I'll be there when you are old. 2."When you heard the won-der of the Word I was there to cheer you on; 3."In the mid - dle a - ges of your life, not too old, no lon - ger young,	I re - you were I'll be
joiced the day you were bap - tized to see your life un - fold. raised to praise the liv - ing Lord, to whom you now be - long. there to guide you through the night, com - plete what I've be - gun.	I was If you When the
there when you were but a child, with a faith to suit you well; find some-one to share your time and you join your hearts as one, eve - ning gent - ly clos - es in and you shut your wea - ry eyes,	in a I'll be I'll be
	•
blaze of light you wan-dered off to find where de-mons dwell there to make your vers - es rhyme from dusk till ris - ing sun.' there as I have al - ways been, with just one more sur - prise.	'
4."I was there to hear your born - ing cry, I'll be there when y	you are
The was aller to hear your born - hig cry, the be there when y	o. are
old. I re-joiced the day you were bap-tized to see your life un -	fold."

THE OPENING ACCLAMATION

+Blessed be the one, holy, and living God: Glory to God forever and ever.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Savior. Amen. **THE HYMN OF PRAISE***



THE SALUTATION AND COLLECT OF THE DAY

God be with you.

And also with you.

Let us pray...Grant to us, O God, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**.

The Liturgy of the Word

Please sit.

THE HEBREW SCRIPTURES | Kings | 9:4-8

First Kings 18 describes the contest between Elijah and the prophets of Baal. The contest proves that YHWH is God, and afterward Elijah orders the killing of the Baal prophets. Angered by the deaths of her prophets, Queen Jezebel threatens to kill Elijah. This reading finds Elijah fleeing, fatigued, and in utter despair.**

The reading is introduced. A reading from the first book of Kings.

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

A brief silence, then: Hear what the Spirit is saying to God's people. **Thanks be to God.**

PSALM 34:1-8 Benedicam Dominum

Taste and see that the Lord is good. (Ps. 34: 8)

The psalm is sung responsively between Cantor and congregation.



I will bless the Lord at all ' times; * his praise shall ever / be in my mouth.

I will glory in the ' Lord; * let the humble / hear and rejoice.

Proclaim with me the greatness of the 'Lord; * let us exalt his / Name together.

I sought the Lord, and he ' answered me * and delivered me out of / all my terror.

Look upon him and be ra -' diant, * and let not your faces / be ashamed.

I called in my affliction and the Lord ' heard me * and saved me from / all my troubles.

The angel of the Lord encompasses those who ' fear him, * and he will de '/ liver them.

Taste and see that the Lord is 'good; * happy are they who / trust in him!

Glory to God, Source of All Being, Incarnate Word, and Holy ' Spirit; * as it was in the beginning, is now, and will be for ever. Amen. / Alleluia!

THE CHRISTIAN SCRIPTURESEphesians 4:25-5:2

Christians are called to be imitators of God. This does not mean Christians are perfect. Rather, the Spirit is at work in our lives so that our actions and attitudes genuinely reflect the love and forgiveness we have received through Christ and his death.**

The reading is introduced.

A reading from the letter to the Ephesians.

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

A brief silence, then: Hear what the Spirit is saying to God's people. **Thanks be to God.**

Please stand in body or spirit. THE GOSPEL ACCLAMATION *



Cantor: I am the living bread that came down from heaven. Whoever eats this bread will live forever.**



THE HOLY GOSPEL John 6:35, 41-51

After feeding more than five thousand people in the wilderness, Jesus teaches them regarding the true significance of this remarkable sign.**

The Holy Gospel of Our Lord Jesus Christ according to Saint John. **Glory to you, O Christ.**

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

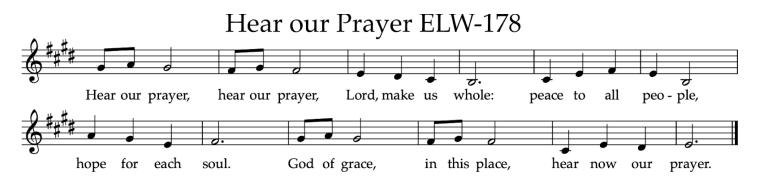
Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

A brief silence, then: The Gospel of Christ. **Praise to you, O Christ.**

Please sit.The HomilyPastor Stephanie Kopsch

Please stand in body or spirit. THE PRAYERS OF THE PEOPLE

It is our custom to light candles for those who are sick or distressed and to remember those who have died. The prayer stations are on either side of the Altar. The refrain is sung once. *



Bidder: Trusting that the power that fell on early Christians on the first Pentecost may now fall afresh on us, we offer these intercessions to you, our God.

For all who seek a deeper faith, and especially for the Anglican Communion and Archbishop Justin Welby, Presiding Bishop of the Episcopal Church Michael Curry, Presiding Bishop Elect Sean Rowe, and Bishop in Colorado Kym Lucas, as they lead us through these challenging times, we offer this prayer:

Trusting in your guidance.

For the leaders of the world, that they may discover and employ peaceful manifestations of their power so that our world may become a safe place for all its inhabitants, we offer this prayer:

Trusting in your guidance.

For the election of 2024, that all of us will work to become informed and then turn out to vote, we offer this prayer:

Trusting in your guidance.

For Interim Rector Stephanie, Pastoral Associate Patti, St. Barnabas' Wardens, Jolene and Jim, our Vestry, and all the leaders and staff leading us as we discover and articulate our call as the parish of St. Barnabas, we offer this prayer:

Trusting in your guidance.

For a vision of caring for our planet, stabilizing and healing it, and energizing people to make necessary changes, we offer this prayer:

Trusting in your guidance.

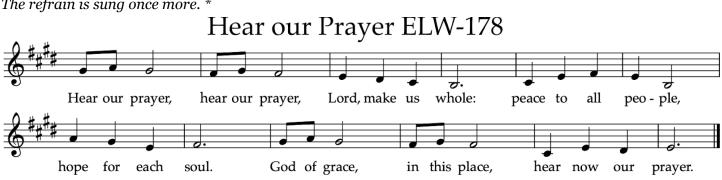
For all those for whom we have been asked to pray-for mending of health or relationships, especially, Jamie, Jim, the family of Burley Shepard, Patti, Margaret, Carolyn, Darryl, Shanelle, Hildegarde, Stan, Greg, the Benson and Manning families, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster, and those we name aloud or in silence (*silence*), we offer this prayer:

Trusting in your guidance.

For those now fully with you and no longer with us here, especially Burley, George, and those we name aloud or in silence (*silence*), we offer this prayer:

Trusting in your guidance.

Celebrant: For your hearing these intercessions that we have faithfully offered, we give you thanks, O God. Amen.



The refrain is sung once more. *

THE CONFESSION AND FORGIVENESS

Let us confess our sins against God and our neighbor.

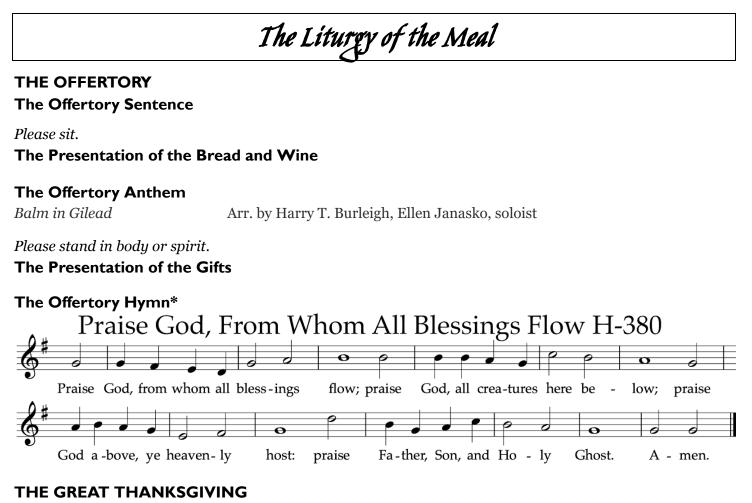
A brief silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Beloved One Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, +forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of the risen Christ be always with you. **And also with you.** *All share a greeting of peace.*



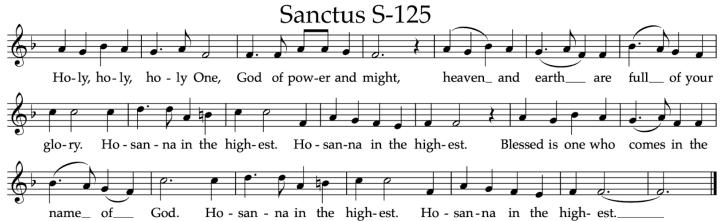
The Preface and Proper Preface God be with you. And also with you. Lift up your hearts. We lift them to God. Let us give thanks to our God. It is right to give our thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Because in Jesus Christ our Lord you have received us as your children, made us citizens of your realm, and given us the Holy Spirit to guide us into all truth.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

The Sanctus*



The Celebrant continues

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only-begotten One, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Maker of all. Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore let us proclaim the mystery of faith.

Celebrant and People Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Beloved One, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with the blessed Virgin Mary, blessed Barnabas, blessed Burley, blessed George, and all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Lord. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **Amen**.

The Lord's Prayer*

It is our custom to hold hands during The Lord's Prayer. As Jesus has taught us, we pray those words that bind us together:



THE INVITATION TO COMMUNION

The Gifts of God for the People of God. Receive who you are, become what you receive.

Please sit.

This is the table of God. As Jesus welcomed everyone to his table, and so we at St. Barnabas welcome everyone to this table. Gather around the Altar as you are directed. You may stand or kneel as is your custom. The Celebrant will place the gluten-free bread into your hand. You have two options to receive the wine. A Chalice Bearer will offer the Common Cup from which you may drink, or you may dip the bread in the wine when a second chalice comes in turn. You may also choose not to partake of the Cup. When you have received the Sacrament, please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.

For the summer no hymn will be sung during communion, though occasionally there will be special music. We invite you into the silence to bask in and reflect on Christ's presence with us in the Sacrament.

COMMUNION MUSIC

Wade in the Water

arr. by Harry T. Burleigh, Ellen Janasko, soloist.

THE SENDING OUT OF EUCHARISTIC VISITORS (Occasional)

N., in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ's Body and Blood.

Please stand in body or spirit.

THE PRAYER AFTER COMMUNION

Let us pray...Eternal God,

you have graciously accepted us as living members of your Beloved One Jesus Christ, and you have fed us with spiritual food in the Sacrament of Christ's Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Liturgy of Sending

THE BLESSING

Life is short, and we do not have much time to gladden the hearts of those who travel the way with us. So be swift to love, make haste to be kind; and +the blessing of the One who made you, who loves you, and who walks the way with you still be with you this day and remain with you always. **Amen**.

THE SENDING HYMN*



THE DISMISSAL

Alleluia! Alleluia! Go in peace to love and serve the Lord. Thanks be to God. Alleluia! Alleluia!

POSTLUDE

Place in the Choir" By Bill Staines.

Arr. Rachel and Aaron Sefton. Rachel Sefton voice, Aaron Sefton mandolin and voice, Lily Sefton viola and voice, Pax Sefton percussion and voice.

*Hymns reprinted under One License #A-729701.

**Liturgical pieces are from Sundays and Seasons: Year B 2024, Augsburg Fortress, Publishers, Minneapolis

St. Barnabas Episcopal Parish

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Parish Office Hours: Tuesday through Friday, 9:00 am to Noon.

Interim Rector Pastoral Associate Music Director Organist Parish Administrator Bookkeeper

Those In Need of Prayer

The Holbrook family, the Haves family, Dennis Kennedy, Bill Miles, Marty and Diana Flahive, Larry Volmert, Carol Wier and family, John and Patrice Hayes, Larry Konkel, Andrea, Nicolle, Selah Kay, Jessica Sweet, Claire Haves, the Long family, Atlee Witt, Carolyn Wolfrum, Jim Hostler, Meghann and Kai, RJ Campbell, Irene and the family of Burley Shepard, Bob Manning, KaJune Kent, Kathy Labargethy Alden, Brian Reid, Shanelle Duran, Hildegarde White, Greg Roosevelt, the Benson and Raymond families. Jill Schlegal, Manning Dupuis-Spiva, Charles Michael Goodall, John Graves, Joy Sandoz, Patti Walter, the family of Burley Shepard, Margaret Noteman, Darryl Searuggs, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster.

New to the prayer list

Jamie Henderson, Jim Esten.

Those who have died

Burley Shepard, George Bourianoff, friend of Diana Whitley. *Rest eternal grant them, O Lord, and let light perpetual shine upon them.* Pastor Stephanie Kopsch (she/her) Ms. Patti Walter (she/her) Ms. Misty Dupuis (she/her) Ms. Ronda Hilton (she/her) Ms. Julia Wade (she/her) Ms. Lexi Jones (she/her)

This Week's Parish Scheoule

Sunday, August 11: The Twelfth Sunday after Pentecost

• 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.

Wednesday, August 14

- August 14-16: L'Ecole moves in.
- 9:00 Staff meeting in the Workroom.
- 10:00 am: Bible Study in the Brady room.
- 12:00 pm: Outreach committee meeting via Zoom.
- 4:00 pm: Worship and the Arts via Zoom.

Sunday, August 18: The Thirteenth Sunday after Pentecost

- 8:15 am: Under the Oak book discussion.
- 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.
 - Blessing of the Backpacks.
 - Celebrating Misty Dupuis.

Birthdays

Mike Erickson	August 12
Mary Zick	August 13
Carol Wier	August 16
Brian Reid	August 20
Jack Unruh	August 20
Malcolm Mounlade	August 21
Cindy Lees	August 21
Joe Megeath	August 21
Russel Bruch	August 21
Louis Dupuis-Spiva	August 25

Livia Dempsey Jana Everett Luci Gartland John Graves

August 25 August 30 August 30 August 31

Anniversaries

Crystal and Joe Rivera	August 11
Karen and Jim Esten	August 12
Karen and Lynn Hoffman	August 12
Curt Bennett and Jeffrey Nelson	August 12
Cheryl and Larry Volmert	August 17
Lena Potyondy and Nate Stone	August 18
Andrea Crary and Michael Coston	August 27
Jamie Henderson and Ray O'Loughlin	August 30
Mary Duell and Mary Zick	August 30

Announcements

TODAY WE WELCOME

Rebeccah Marshall as our guest organist.

NEXT SUNDAY, AUGUST 18

Join us during our annual Blessing of the Backpacks in worship.

CELEBRATING MISTY DUPUIS NEXT SUNDAY, AUGUST 18 After worship.

UNDER THE OAK NEXT SUNDAY Book Discussion August 18 8:15 to 9:15 am

Carolyn Wolfrum will lead the discussion on *All We Can Save: Truth, Courage, and Solutions for the Climate Crisis* edited by Ayana Elizabeth Johnson and Katherine K. Wilkinson. The book is a collection of essays written by visionaries who want to hold up what has been done to our climate, while bolstering our resolve to never give up on doing all we can to ensure our collective future remains strong.

GIVING-2-OTHERS AUGUST PROJECT ANGEL HEART

The recipient of Giving-2-Others donations in August is Project Angel Heart, which prepares and delivers nutritious, medically tailored meals to those living with severe illnesses. St. Barnabas celebrated with Project Angel Heart in December 2023 as they delivered their 10 millionth meal. They began 30 years ago in the St. B's kitchen with just a few meals, and now deliver about 800,000 meals a year in their expanded service area of 1,600 square miles along the Front Range. For more information about Project Angel Heart, go to www.projectangelheart.org.

You may donate to Giving-2-Others via the Weekly eNews, drop a check in the plate or send a donation directly to the office. Remember to add "Giving-2-Others" in the memo line. Your generosity makes a difference in the health and well-being of thousands of individuals who are medically fragile.

COFFEE TIME SET UP, REFRESHMENTS and/or CLEAN UP SIGN UPS

BURLEY SHEPARD CELEBRATION OF LIFE Saturday, September 14 at 10:30 am A Reception To Follow

A correction: Burley died on July 29, 2024, after a quiet and peaceful night's rest.

Rest eternal grant to him, o Lord, and let light perpetual shine upon him.

Please visit the StB Weekly for an update and a photograph from her trip to Scotland.

TRANSITION AT ST. BARNABAS

As St. Barnabas' Profile Committee is beginning its work, would you please remember them in your prayers:

Direct our Profile Committee, O God -- Carrie, Jana, Walter, Lynn, Ray, Nate, Beth, and Diana -- in all their doings with your most gracious favor, and further them with your continual help; that in all their works begun, continued, and ended in you, they may glorify your holy Name; through Jesus Christ, our Lord. Amen.

