

# St. Barnabas

## EPISCOPAL PARISH

The Holy Eucharist

July 7, 2024

The Seventh Sunday after Pentecost

### St. Barnabas Mission Statement

**We experience God's redeeming love in all and through all and respond to love through faithful worship, life-long spiritual growth, and committed outreach.**

**Our community shares a progressive faith, opens our arms to all seekers, and works to make the world more just.**

*Jesus does great deeds of power and gives the disciples authority over demons. Yet none of this power is unilateral; it all must be received by faith. Jesus asks his disciples to go out without money or supplies so that they will be dependent on how others receive them. When we are sent from the assembly to witness and to heal, we are asked to be vulnerable, to be dependent on the reception of others. The Spirit always operates in the "between" between Jesus and hi Abba, between Jesus and us, between you and me, between us and those to whom we are sent.\*\**

*A bell tolls.*

### THE GREETING AND ANNOUNCEMENTS

*We invite you to quiet your hearts and minds as we prepare for worship.*

#### THE PRELUDE

*Fantasia on Kingsfold*

David Paxton

### *The Liturgy of Gathering*

*Please stand in body or spirit.*

## THE GATHERING HYMN \*

### Would I Have Answered When You Called TFWS-2137



Would I have an - swered when you called, "Come, fol - low, fol - low  
Would I have fol - lowed where you led through an - cient Gal - i -  
Would I have matched my step with yours when crowds cried, "Cru - ci -  
O Christ, I can - not search my heart through all its tan - gled  
me!?" Would I at once have left be - hind both work and fam - i -  
lee, on roads un - known, by ways un - tried, be - yond se - cu - ri -  
fy!" when on a rock - y hill I saw a cross a - gainst the  
ways, nor can I with a cer - tain mind my stead - fast - ness ap -  
ly? Or would the old, fa - mil - iar sound have held me by its  
ty? Or would I soon have hur - ried back where home and com - fort  
sky? Or would I too have slipped a - way and left you there a -  
praise. I on - ly pray that when you call, "Come, fol - low, fol - low  
claim and kept the spark with - in my heart from burst - ing in - to flame?  
drew, where truth you taught would not dis - turb the or - dered world I knew?  
lone, a dy - ing king with crown of thorns up - on a ter - rible throne?  
me!" you'll give me strength be - yond my own to fol - low faith - ful - ly.

## THE OPENING ACCLAMATION

+Blessed be the one, holy, and living God:

**Glory to God forever and ever.**

## THE COLLECT FOR PURITY

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid.**

**Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Savior. Amen.**

## THE HYMN OF PRAISE\*

### Glory to God S-280

Glo-ry to God in the high - est, and peace\_\_\_ to God's peo-ple on  
earth. Lord God, heaven-ly King, al-might-y\_\_God and Fa - ther, we wor-ship you, we give you thanks, we  
praise you for your glo - ry. Lord Je - sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb\_ of  
God, you take a-way the sin of the world: have mer - cy on us; you are seat - ed at the  
right hand of the Fa-ther: re - ceive our prayer. For you a-lone are the Ho - ly One, -  
you a- lone\_ are the Lord, you a-lone are the Most High, Je - sus Christ, with the Ho - ly  
Spi - rit, in the glo - ry of God\_\_\_ the Fa - ther. A - men.

## THE SALUTATION AND COLLECT OF THE DAY

God be with you.

**And also with you.**

Let us pray...O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## *The Liturgy of the Word*

*Please sit.*

### THE HEBREW SCRIPTURES *Ezekiel 2:1-5*

*In 597 BCE, the priest Ezekiel was removed into exile in Babylon. While there, he received a vision of God appearing majestically on a chariot throne. Today's reading recounts God's commissioning of Ezekiel during this vision. The prophet is to speak God's Word to a people unwilling to hear.\*\**

*The reading is introduced.*

A reading from the book of the prophet Ezekiel.

The Lord said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, "Thus says the Lord God." Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

*A brief silence, then:*

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

**PSALM 123          *Ad te levavi oculos meos***

*Our eyes look to you, O God, until you show us your mercy. (Ps. 123:2)*

*The psalm is sung responsively between Cantor and congregation.*



To you I lift up my ' eyes, \*  
to you enthroned / in the heavens.

**As the eyes of servants look to the hand of their ' masters, \*  
and the eyes of a maid to the / hand of her mistress,**

So our eyes look to the Lord our ' God, \*  
until he / shows us his mercy.

**Have mercy upon us, O Lord, have ' mercy, \*  
for we have had more than e - / nough of contempt,**

Too much of the scorn of the indolent ' rich, \*  
and of the derision / of the proud.

**Glory to God, Source of All Being, Incarnate  
Word, and Holy ' Spirit; \*  
as it was in the beginning, is now, and will be  
for ever. Amen. / Alleluia!**

**THE CHRISTIAN SCRIPTURES          *2 Corinthians 12:2-10***

*Christians do not boast of their own accomplishments. Rather, Christian boasting focuses attention on how the power of Christ is present in our lives, especially in times of weakness and vulnerability. No matter what our circumstances in life, Christ's grace is sufficient for us.\*\**

*The reading is introduced.*

A reading from Paul's second letter to the Corinthians.

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

*A brief silence, then:*

Hear what the Spirit is saying to God’s people.

**Thanks be to God.**

*Please stand in body or spirit.*

**THE GOSPEL ACCLAMATION \***

Alleluia, Alleluia, Alleluia

Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia. Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

*Cantor:* I will boast gladly of my weaknesses, so that the power of Christ may dwell in me.\*\*

Alleluia, Alleluia, Alleluia

Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia. Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

**THE HOLY GOSPEL     *Mark 6:1-13***

*At home and abroad, Jesus and his disciples encounter resistance as they seek to proclaim God’s word and relieve affliction.*

The Holy Gospel of Our Lord Jesus Christ according to Mark.

**Glory to you, O Christ.**

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, “Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?” And they took offense at him. Then Jesus said to them, “Prophets are not without honor, except in their hometown, and among their own kin, and in their own house.” And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, “Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.” So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

*A brief silence, then:*

The Gospel of Christ.

**Praise to you, O Christ.**

*Please sit.*

**The Homily**            Ms. Patti Walter

*Please stand in body or spirit.*

**THE PRAYERS OF THE PEOPLE**

*It is our custom to light candles for those who are sick or distressed and to remember those who have died.*

*The prayer stations are on either side of the Altar. The refrain is sung once. \**

## Hear our Prayer ELW-178

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The melody is simple and hymn-like. The lyrics are written below the notes.

Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple,  
hope for each soul. God of grace, in this place, hear now our prayer.

*Bidder:* Trusting that the power that fell on early Christians on the first Pentecost may now fall afresh on us, we offer these intercessions to you, our God.

For all who seek a deeper faith, and especially for the Anglican Communion and Archbishop Justin Welby, Presiding Bishop of the Episcopal Church Michael Curry, Presiding Bishop Elect Sean Rowe, and Bishop in Colorado Kym Lucas, as they lead us through these challenging times, we offer this prayer:

**Trusting in your guidance.**

For the leaders of the world, that they may discover and employ peaceful manifestations of their power so that our world may become a safe place for all its inhabitants, we offer this prayer:

**Trusting in your guidance.**

For the election of 2024, that all of us will work to become informed and then turn out to vote, we offer this prayer:

**Trusting in your guidance.**

For Interim Rector Stephanie, Pastoral Associate Patti, Senior Wardens Jolene and Jim, our Vestry, and all the leaders and staff leading us as we discover and articulate our call as the parish of St. Barnabas, we offer this prayer:

**Trusting in your guidance.**

For a vision of caring for our planet, stabilizing and healing it, and energizing people to make necessary changes, we offer this prayer:

**Trusting in your guidance.**

For all those for whom we have been asked to pray—for mending of health or relationships, especially Patti, Meghann and Kai, RJ, Burley and Irene, Bob, KaJune, Kathy Alden, Brian, Shanelle, Carmeleta, Hildegarde, Marcia, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster, and those we name aloud or in silence (*silence*). we offer this prayer:

**Trusting in your guidance.**

For those now fully with you and no longer with us here, and those we name aloud or in silence (*silence*), we offer this prayer:

**Trusting in your guidance.**

*Celebrant:* For your hearing these intercessions that we have faithfully offered, we give you thanks, O God.  
**Amen.**

*The refrain is sung once more. \**

**Hear our Prayer ELW-178**

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The melody is simple and hymn-like. The lyrics are written below the notes.

Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple,  
hope for each soul. God of grace, in this place, hear now our prayer.

**THE CONFESSION AND FORGIVENESS**

Let us confess our sins against God and our neighbor.

*A brief silence is kept.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Beloved One Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, +forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

The peace of the risen Christ be always with you.

**And also with you.**

*All share a greeting of peace.*

# The Liturgy of the Meal

## THE OFFERTORY

### The Offertory Sentence

*Please sit.*

### The Presentation of the Bread and Wine

### Special Music

*Consider the Lilies*

Roland E. Martin, sung by Barbara Mattison and Walter Flor

*Please stand in body or spirit.*

### The Presentation of the Gifts

### The Offertory Hymn\*

## Praise God, From Whom All Blessings Flow H-380

The image shows two staves of musical notation in G major (one sharp). The first staff contains the melody for the first line of the hymn, and the second staff contains the melody for the second line. The lyrics are written below the notes.

Praise God, from whom all bless-ings flow; praise God, all crea-tures here be - low; praise  
God a -bove, ye heaven-ly host: praise Fa-ther, Son, and Ho - ly Ghost. A - men.

## THE GREAT THANKSGIVING

### The Preface and Proper Preface

God be with you.

**And also with you.**

Lift up your hearts.

**We lift them to God.**

Let us give thanks to our God.

**It is right to give our thanks and praise.**

*The Celebrant continues*

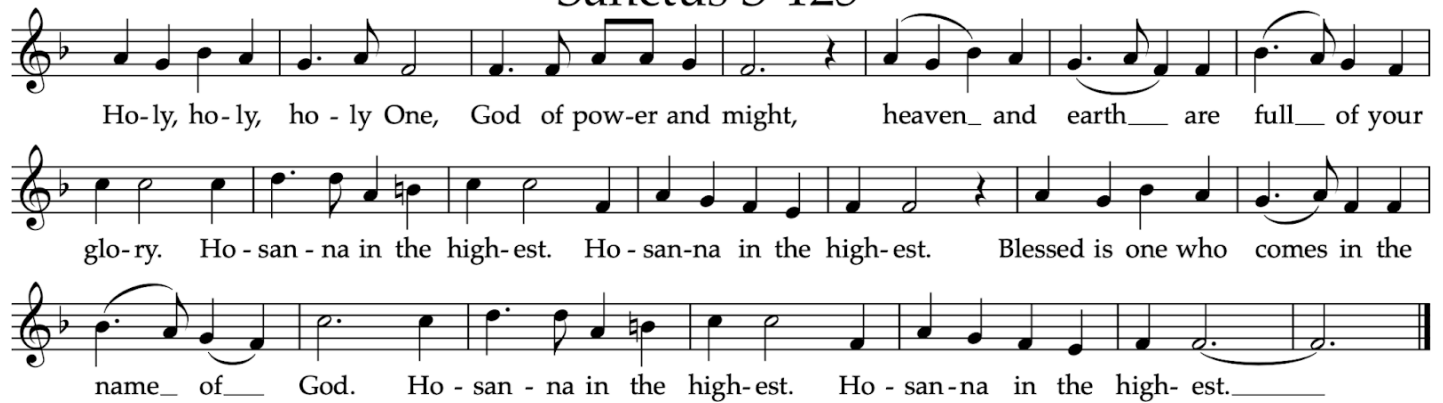
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Because in Jesus Christ our Lord you have received us as your children, made us citizens of your realm, and given us the Holy Spirit to guide us into all truth.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:



## The Sanctus\*

### Sanctus S-125



Ho-ly, ho-ly, ho - ly One, God of pow-er and might, heaven\_ and earth\_\_ are full\_\_ of your  
glo-ry. Ho - san - na in the high-est. Ho - san-na in the high-est. Blessed is one who comes in the  
name\_ of\_\_ God. Ho - san - na in the high-est. Ho - san-na in the high- est.\_\_\_\_\_

#### *The Celebrant continues*

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only-begotten One, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Maker of all. Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore let us proclaim the mystery of faith.

#### *Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

#### *The Celebrant continues*

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Beloved One, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with the blessed Virgin Mary, blessed Barnabas, and all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Lord. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **Amen.**

#### **The Lord's Prayer\***

*It is our custom to hold hands during The Lord's Prayer.*

As Jesus has taught us, we pray those words that bind us together:

Our Fa-ther in hea ven, hal-lowed be your Name, your king-dom come, your will be done,  
 on earth as in hea-ven. Give us to-day our dai-ly bread. For-give us our sins  
 as we for-give those who sin a-against us. Save us from the time of tri-al,  
 and de-liv-er us from e-vil. For the king-dom, the power, and the glo-ry are yours,  
 now and for-ev-er. A-men.

**THE BREAKING OF THE BREAD AND FRACTION ANTHEM\***

**Christ our Passover S-154**

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia,  
 Christ our Pass - o - ver is sac - ri - ficed for us; There - fore let us keep the feast.  
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

**THE INVITATION TO COMMUNION**

The Gifts of God for the People of God. Receive who you are, become what you receive.

*Please sit. Jesus welcomed everyone to his table, and so we at St. Barnabas welcome everyone to this table. Gather around the Altar as you are directed. You may stand or kneel as is your custom. The Celebrant will place the gluten-free bread into your hand. You have two options to receive the wine. A Chalice Bearer will offer the Common Cup from which you may drink, or you may dip the bread in the wine when a second chalice comes in turn. You may also choose not to partake of the Cup. When you have received the Sacrament, please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.*

**THE SENDING OUT OF EUCHARISTIC VISITORS (Occasional)**

N., in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ's Body and Blood.

*Please stand in body or spirit.*

**THE PRAYER AFTER COMMUNION**

Let us pray...Shepherding God,

you have graciously accepted us as living members of your Beloved One Jesus Christ, and you have fed us with spiritual food in the Sacrament of Christ's Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

*The Liturgy of Sending*

**THE BLESSING**

Life is short, and we do not have much time to gladden the hearts of those who travel the way with us. So be swift to love, make haste to be kind; and +the blessing of the One who made you, who loves you, and who walks the way with you still be with you this day and remain with you always. **Amen.**

**THE SENDING HYMN\***

Guide My Feet TFWS-2208

Guide my feet while I run this race. Guide my feet while I run this race.  
 Hold my hand while I run this race. Hold my hand while I run this race.  
 Stand by me while I run this race. Stand by me while I run this race.  
 I'm your child while I run this race. I'm your child while I run this race.  
 Search my heart while I run this race. Search my heart while I run this race.

Guide my feet while I run this race, for I don't want to run this race in vain!  
 Hold my hand while I run this race, for I don't want to run this race in vain!  
 Stand by me while I run this race, for I don't want to run this race in vain!  
 I'm your child while I run this race, for I don't want to run this race in vain!  
 Search my heart while I run this race, for I don't want to run this race in vain!

**THE DISMISSAL**

Alleluia! Alleluia! Go in peace to love and serve the Lord.  
**Thanks be to God. Alleluia! Alleluia!**

**POSTLUDE**

*Chanson* Claudin de Sermisy

\*Hymns reprinted under One License #A-729701.

\*\*Liturgical pieces are from *Sundays and Seasons: Year B 2024*, Augsburg Fortress, Publishers, Minneapolis

# St. Barnabas Episcopal Parish

1280 Vine St., Denver, CO 80206  
303.388.6469 www.stbdenver.org  
office@stbdenver.org

Parish Office Hours: Tuesday through Friday, 9:00 am to Noon.

**Interim Rector**  
**Pastoral Associate**  
**Music Director**  
**Organist**  
**Parish Administrator**  
**Bookkeeper**

**Pastor Stephanie Kopsch** (she/her)  
**Ms. Patti Walter** (she/her)  
**Ms. Misty Dupuis** (she/her)  
**Ms. Ronda Hilton** (she/her)  
**Ms. Julia Wade** (she/her)  
**Ms. Lexi Jones** (she/her)

## Those In Need of Prayer

The Holbrook family, the Hayes family, Dennis Kennedy, Bill Miles, Marty and Diana Flahive, Larry Volmert, Carol Wier and family, John and Patrice Hayes, Larry Konkell, Andrea, Nicolle, Selah Kay, Jessica Sweet, Claire Hayes, Marlis Sneed and family, the Long family, Atlee Witt, Carolyn Wolfrum, Jim Hostler, Meghann and Kai, RJ Campbell, Burley and Irene Shepard, Bob Manning, KaJune Kent, Kathy Labargethy Alden, Brian Reid, Shanelle Duran, Carmeleta Davison, Hildegard White, Stan Siefer, Greg Roosevelt, the Benson and Manning families, Jill Schlegal, Raymond Dupuis-Spiva, Charles Michael Goodall, John Graves, Joy Sandoz, Marcia Doty, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster.

### New to the prayer list

Patti Walter.

### Those who have died

*Rest eternal grant them, O Lord, and let light perpetual shine upon them.*

## This Week's Parish Schedule

### Sunday, July 7: The Seventh Sunday after Pentecost

- 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.

### Tuesday, July 9

- 7:00 pm: Stewardship meeting via Zoom.

### Wednesday, July 10

- 10:00 am: Bible Study in the Chapel.
- 12:00 pm: Outreach committee meeting via Zoom.
- 4:00 pm: Worship and the Arts via Zoom.
- 6:00 pm: Thank you dinner for the Auction committee in Grant Hall.

### Sunday, July 14: The Eighth Sunday after Pentecost

- 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.

## Birthdays

Fred Siersma	July 9
Tasha Zoller	July 9
Maddie Gartland	July 10
Becky Blanc	July 12
Hildegard White	July 15
Jim Hayes	July 19
Lynn Hoffman	July 28
Ellen Janasko	July 28

## Anniversaries

Eloise May and Jack Unruh	July 7
Dani Morello Long and Jason Long	July 10
Shanna and Kyle Knierim	July 14
Sis and Walter Flor	July 27
Carolyn and Ed Wolfrum	July 28
Janet and Bob Manning	July 29

*Announcements*

**COFFEE TIME REFRESHMENTS**

The sign up sheet for Summer refreshments is on the treats table and a link is available in the Weekly eNews.

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**PATTI WALTER NEWS**

On Sunday, July 14th, in worship, we will pray for God's healing and wholeness for Pastoral Associate Patti Walter as she takes a medical leave from July 15th through the end of September. Patti will engage in a promising new treatment that she and her medical team have great confidence in for Multiple Myeloma called CAR T Cell Therapy. After church, we will have the chance to give Patti our support and love during refreshments on the lawn.

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**UNDER THE OAK**

**Book Discussions**

**July 21 and August 18**

**8:15 am to 9:15 am**

The Forum, and the Social Justice Committees are sponsoring our summer book reads this year.

**July 21: Claire Trautman**, one of our youth, will lead the discussion on *Refugee* by Alan Gratz. The book presents three 13-year-olds forced to flee their homelands in three different time periods.

**August 18: Carolyn Wolfrum** will lead the discussion on *All We Can Save: Truth, Courage, and Solutions for the Climate Crisis* edited by Ayana Elizabeth Johnson and Katherine K. Wilkinson. The book is a collection of essays written by visionaries who want to hold up what has been done to our climate, while bolstering our resolve to never give up on doing all we can in order to ensure our collective future remains strong.

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**FROM THE SOCIAL JUSTICE COMMITTEE**

**Support the Denver Basic Income Project**

*Contact Mike Johnston and your City Council members to show your support.*

Guaranteed income (GI) is a bold approach to address income inequality. Monthly, no strings attached cash payments are made to eligible individuals so they can meet their basic needs and improve their overall well-being. For a complete explanation and links to other resources, please see the Weekly eNews.

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**GIVING-2-OTHERS JULY**

**METRO CARING**

**LOAVES AND FISHES**

**NON-PERISHABLE FOOD AND TOILETRY**

**COLLECTION DATES: JULY 14, 21, 28**

Every July in our Gospel readings, we hear the story of Jesus feeding the 5,000, also known as “Loaves and Fishes.” St. Barnabas will participate in the Diocesan-wide “Loaves and Fishes” ingathering in July to benefit Metro Caring. Metro Caring works with our community to meet people’s immediate need for nutritious and culturally relevant food while building a movement to address the root causes of hunger. Nearly one in three Coloradans faces hunger, not always having enough money to buy food. Help ensure that Metro Caring’s Fresh Foods Market remains stocked with nutritious and healthy food by bringing non-perishable food and toiletry items. Visit the Weekly eNews for a list of needed items or pick up a copy on the big resource table in Lukens.

Items will be delivered to Metro Caring at the end of the month along with our financial donation. Donate online via the Weekly eNews, or earmark a check to St. Barnabas for “Giving-2-Others”. Our parish will donate an additional \$500.

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**PEACHES, PEACHES, PEACHES!**

Pick-up this year will be:

- **Saturday, August 10: 9:00 am-Noon**
- **Sunday, August 11: 8:30-9:30 am & 11:00-Noon**

**Prices**

- Nine-pound box: \$30
- Twenty-pound box: \$44

Copies of the group order form can be found in Lukens and Grant Hall. Or use the handy QR code on the back of the form to easily enter your order in Realm.

**Deadline for orders is July 31.**