

The Holy Eucharist

July 28, 2024

The Tenth Sunday after Pentecost

Welcome to St. Barnabas!

We experience God's redeeming love in all and through all and respond to love through faithful worship, life-long spiritual growth, and committed outreach.

Our community shares a progressive faith, opens our arms to all seekers, and works to make the world more just.

Today is the first of five Sundays with gospel readings from John 6, the first of four of which focus on Jesus as Bread of Life. Today Jesus feeds thousands of people with five loaves and two fish. What we have, what we bring to Jesus' Table, seems like it is not nearly enough to meet all the needs we see around us. But it is not the adequacy of our supplies or our skills that finally makes the difference; it is the power of Jesus working in the littlest and least to transform this world into the world God desires, a world where all the hungry are satisfied.**

A bell tolls.

THE GREETING AND ANNOUNCEMENTS

THE PRAYERS FOR BIRTHDAYS, ANNIVERSARIES, AND TRAVELERS

For our St. Barnabas family, here and elsewhere.

Birthday Prayer

Watch over your children, O God, as their days increase; bless and guide them wherever they may be, strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

Anniversary Prayer

Send, O God, your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their homes may be havens of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

A Prayer for Travelers

Almighty God, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them to their journey's end; through Jesus Christ our Lord. Amen.

THE PRELUDE

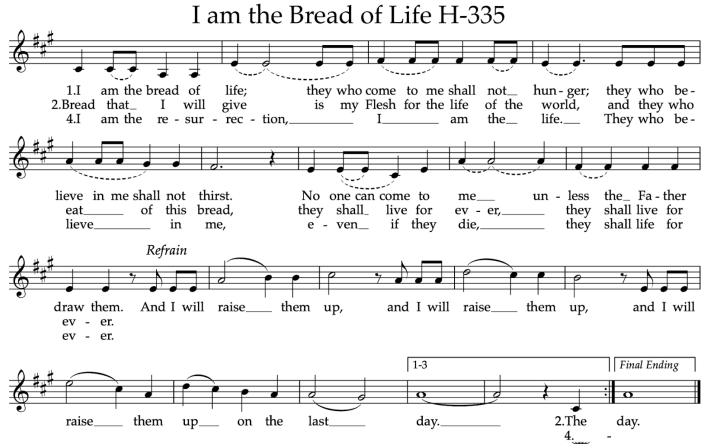
"God, We Praise You"

J. S. Bach

The Liturgy of Gathering

Please stand in body or spirit.

THE GATHERING HYMN *



THE OPENING ACCLAMATION

+Blessed be the one, holy, and living God: Glory to God forever and ever.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Savior. Amen. **THE HYMN OF PRAISE***



THE SALUTATION AND COLLECT OF THE DAY

God be with you.

And also with you.

Let us pray...

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**.

The Liturgy of the Word

Please sit.

THE HEBREW SCRIPTURES 2 Kings 4:42-44

Today's reading is part of a larger section of 2 Kings that describes the miracles of Elisha, the successor to Elijah. Here the prophet gives food to a hungry crowd. Though there is not enough food to go around, Elisha trust God, who provides enough and even more to satisfy the need.**

The reading is introduced. A reading from the second book of Kings.

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the Lord, "They shall eat and have some left." He set it before them, they ate, and had some left, according to the word of the Lord.

A brief silence, then: Hear what the Spirit is saying to God's people. **Thanks be to God.**

PSALM 145:10-19 Exaltabo te, Deus

You open wide your hand and satisfy the desire of every living thing. (Ps. 145:16)

The psalm is sung responsively between Cantor and congregation.



All your works praise you, O ' Lord, *

and your faithful / servants bless you.

They make known the glory of your ' kingdom * and / speak of your power;

That the peoples may know of your ' power * and the glorious splendor / of your kingdom.

Your kingdom is an everlasting 'kingdom; * your dominion endures through -/ out all ages.

The Lord is faithful in all his ' words * and merciful in / all his deeds.

The Lord upholds all those who ' fall; * he lifts up those who / are bowed down.

The eyes of all wait upon you, O ' Lord, * and you give them their / food in due season.

You open wide your ' hand * and satisfy the needs of every / living creature.

The Lord is righteous in all his ' ways * and loving in / all his works.

The Lord is near to those who call u -' pon him, * to all who call upon him / faithfully.

Glory to God, Source of All Being, Incarnate Word, and Holy ' Spirit; * as it was in the beginning, is now, and will be for ever. Amen. / Alleluia!

THE CHRISTIAN SCRIPTURES Ephesians 3:14-21

The author of this letter reminds his audience that originally they were not part of God's chosen people. Through Jesus' death, however, they are included in God's household of faith, whose cornerstone is Jesus Christ.**We have been rooted and grounded in the love of Christ, which surpasses all human knowledge. Because Christ dwells in our hearts, our lives are continuously strengthened and empowered by the ongoing presence of the Spirit.**

The reading is introduced. A reading from the letter to the Ephesians.

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. **Amen**.

A brief silence, then: Hear what the Spirit is saying to God's people. **Thanks be to God.**

Please stand in body or spirit. THE GOSPEL ACCLAMATION *



Cantor: A great prophet has risen among us! God has looked favorably on us!**



THE HOLY GOSPEL John 6:1-21

In John; s gospel, the miracles of Jesus are called "signs" because they reveal the true character of God. As such, they remain within the mystery of God and cannot be brought under human control.**

The Holy Gospel of Our Lord Jesus Christ according to John. **Glory to you, O Christ.**

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

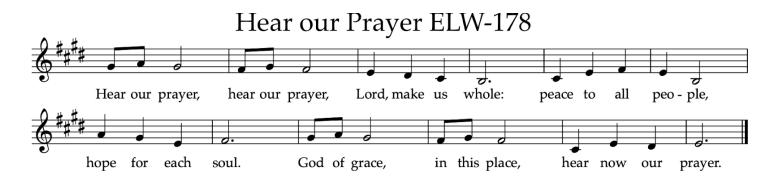
A brief silence, then: The Gospel of Christ. **Praise to you, O Christ.**

Please sit.The HomilyPastor Stephanie Kopsch

Please stand in body or spirit.

THE PRAYERS OF THE PEOPLE

It is our custom to light candles for those who are sick or distressed and to remember those who have died. The prayer stations are on either side of the Altar. The refrain is sung once. *



Bidder: Trusting that the power that fell on early Christians on the first Pentecost may now fall afresh on us, we offer these intercessions to you, our God.

For all who seek a deeper faith, and especially for the Anglican Communion and Archbishop Justin Welby, Presiding Bishop of the Episcopal Church Michael Curry, Presiding Bishop Elect Sean Rowe, and Bishop in Colorado Kym Lucas, as they lead us through these challenging times, we offer this prayer:

Trusting in your guidance.

For the leaders of the world, that they may discover and employ peaceful manifestations of their power so that our world may become a safe place for all its inhabitants, we offer this prayer:

Trusting in your guidance.

For the election of 2024, that all of us will work to become informed and then turn out to vote, we offer this prayer:

Trusting in your guidance.

For Interim Rector Stephanie, Pastoral Associate Patti, St. Barnabas' Wardens, Jolene and Jim, our Vestry, and all the leaders and staff leading us as we discover and articulate our call as the parish of St. Barnabas, we offer this prayer:

Trusting in your guidance.

For a vision of caring for our planet, stabilizing and healing it, and energizing people to make necessary changes, we offer this prayer:

Trusting in your guidance.

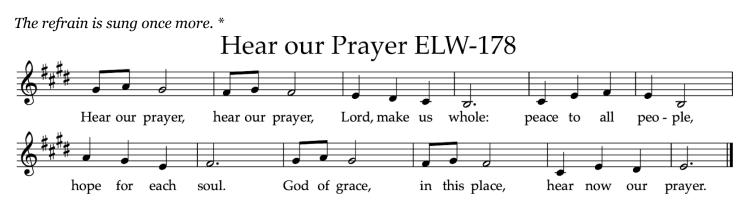
For all those for whom we have been asked to pray-for mending of health or relationships, especially Patti, Carolyn, Delphine Fairley and family, Larry, Andrea, Nicolle, Selah, Jessica, Claire, Marlis Sneed and family, the Long family, Atlee, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster, and those we name aloud or in silence (*silence*), we offer this prayer:

Trusting in your guidance.

For those now fully with you and no longer with us here, especially Danita, and those we name aloud or in silence (*silence*), we offer this prayer:

Trusting in your guidance.

Celebrant: For your hearing these intercessions that we have faithfully offered, we give you thanks, O God. **Amen.**



THE CONFESSION AND FORGIVENESS

Let us confess our sins against God and our neighbor.

A brief silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Beloved One Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, +forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of the risen Christ be always with you. **And also with you.** *All share a greeting of peace.*

The Liturgy of the Meal

THE OFFERTORY The Offertory Sentence

Please sit. The Presentation of the Bread and Wine

Please stand in body or spirit. **The Presentation of the Gifts**

The Offertory Hymn*



THE GREAT THANKSGIVING

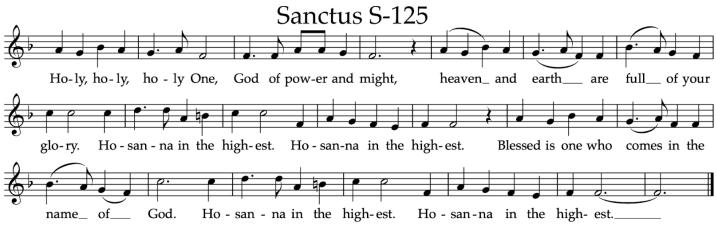
The Preface and Proper Preface God be with you. And also with you. Lift up your hearts. We lift them to God. Let us give thanks to our God. It is right to give our thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Because in Jesus Christ our Lord you have received us as your children, made us citizens of your realm, and given us the Holy Spirit to guide us into all truth.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

The Sanctus*



The Celebrant continues

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only-begotten One, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Maker of all. Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore let us proclaim the mystery of faith.

Celebrant and People Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

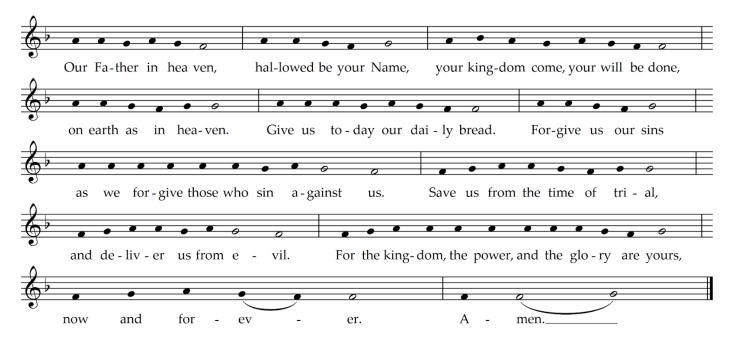
We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Beloved One, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with the blessed Virgin Mary, blessed Barnabas, and all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Lord. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **Amen**.

The Lord's Prayer*

It is our custom to hold hands during The Lord's Prayer. As Jesus has taught us, we pray those words that bind us together:



THE BREAKING OF THE BREAD AND FRACTION ANTHEM* Christ our Passover S-154 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, Christ our Pass-o - ver is sac - ri-ficed for us; There-fore let us keep_____ the feast.

al - le - lu

ia,

al - le - lu

ia.

THE INVITATION TO COMMUNION

le - lu

The Gifts of God for the People of God. Receive who you are, become what you receive.

ia,

Please sit.

This is the table of God. As Jesus welcomed everyone to his table, and so we at St. Barnabas welcome everyone to this table. Gather around the Altar as you are directed. You may stand or kneel as is your custom. The Celebrant will place the gluten-free bread into your hand. You have two options to receive the wine. A Chalice Bearer will offer the Common Cup from which you may drink, or you may dip the bread in the wine when a second chalice comes in turn. You may also choose not to partake of the Cup. When you have received the Sacrament, please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.

For the summer no hymn will be sung during communion, though occasionally there will be special music. We invite you into the silence to bask in and reflect on Christ's presence with us in the Sacrament.

THE SENDING OUT OF EUCHARISTIC VISITORS (Occasional)

N., in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ's Body and Blood.

Please stand in body or spirit.

THE PRAYER AFTER COMMUNION

Let us pray...Eternal God,

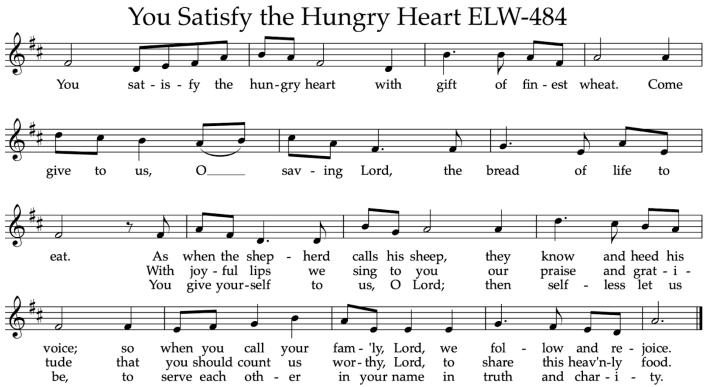
you have graciously accepted us as living members of your Beloved One Jesus Christ, and you have fed us with spiritual food in the Sacrament of Christ's Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Liturgy of Sending

THE BLESSING

Life is short, and we do not have much time to gladden the hearts of those who travel the way with us. So be swift to love, make haste to be kind; and +the blessing of the One who made you, who loves you, and who walks the way with you still be with you this day and remain with you always. **Amen**.

THE SENDING HYMN*



THE DISMISSAL

Alleluia! Alleluia! Go in peace to love and serve the Lord. Thanks be to God. Alleluia! Alleluia!

POSTLUDE

"Praise to the Lord" Max Drischner

*Hymns reprinted under One License #A-729701.

**Liturgical pieces are from Sundays and Seasons: Year B 2024, Augsburg Fortress, Publishers, Minneapolis

St. Barnabas Episcopal Parish

1280 Vine St., Denver, CO 80206 303.388.6469 www.stbdenver.org office@stbdenver.org

Parish Office Hours: Tuesday through Friday, 9:00 am to Noon.

Interim Rector Pastoral Associate Music Director Organist Parish Administrator Bookkeeper

Those In Need of Prayer

The Holbrook family, the Haves family, Dennis Kennedy, Bill Miles, Marty and Diana Flahive, Larry Volmert, Carol Wier and family, John and Patrice Hayes, Larry Konkel, Andrea, Nicolle, Selah Kay, Jessica Sweet, Claire Hayes, Marlis Sneed and family, the Long family, Atlee Witt, Carolyn Wolfrum, Jim Hostler, Meghann and Kai, RJ Campbell, Burley and Irene Shepard, Bob Manning, KaJune Kent, Kathy Labargethy Alden, Brian Reid, Shanelle Duran, Carmeleta Davison, Hildegarde White, Stan Siefer, Greg Roosevelt, the Benson and Manning families, Jill Schlegal, Raymond Dupuis-Spiva, Charles Michael Goodall, John Graves, Joy Sandoz, Marcia Doty, Patti Walter, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster.

New to the prayer list

Delphine Fairley and family, friend of Julia Wade.

Those who have died

Danita Fairley, daughter of a friend of Julia Wade. Rest eternal grant her, O Lord, and let light perpetual shine upon her. Pastor Stephanie Kopsch (she/her) Ms. Patti Walter (she/her) Ms. Misty Dupuis (she/her) Ms. Ronda Hilton (she/her) Ms. Julia Wade (she/her) Ms. Lexi Jones (she/her)

This Week's Parish Scheoule

Sunday, July 28: The Tenth Sunday after Pentecost

• 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.

Monday, July 29

• Sound system installation.

Wednesday, July 31

- 9:00 Staff meeting in the Workroom.
- 10:00 am: Bible Study in the Chapel.

Saturday, August 3

• 1:30 pm: Anne Fuller Douglas funeral.

Sunday, August 4: The Eleventh Sunday after Pentecost

• 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.

Birthdays

Lynn Hoffman	July 28
Ellen Janasko	July 28
Anne Bryan	August 1
Rob Friesen	August 1
Lily Trautman	August 1
Shanna Knierim	August 8
Mike Erickson	August 12
Mary Zick	August 13
Carol Wier	August 16
Brian Reid	August 20
Jack Unruh	August 20
Malcolm Mounlade	August 21
Cindy Lees	August 21

Joe Megeath	August 21
Russel Bruch	August 21
Russel Bruch	August 21
Louis Dupuis-Spiva	August 25
Livia Dempsey	August 25
Jana Everett	August 30
Luci Gartland	August 30
John Graves	August 31

Anniversaries

Carolyn and Ed Wolfrum	July 28
Janet and Bob Manning	July 29
Irene and Burley Shepard	August 2
Crystal and Joe Rivera	August 11
Karen and Jim Esten	August 12
Karen and Lynn Hoffman	August 12
Curt Bennett and Jeffrey Nelson	August 12
Cheryl and Larry Volmert	August 17
Lena Potyondy and Nate Stone	August 18
Andrea Crary and Michael Coston	August 27
Jamie Henderson and Ray O'Loughlin	August 30
Mary Duell and Mary Zick	August 30

Announcements

UNDER THE OAK Book Discussion August 18 8:15 to 9:15 am

Carolyn Wolfrum will lead the discussion on *All We Can Save: Truth, Courage, and Solutions for the Climate Crisis* edited by Ayana Elizabeth Johnson and Katherine K. Wilkinson. The book is a collection of essays written by visionaries who want to hold up what has been done to our climate, while bolstering our resolve to never give up on doing all we can to ensure our collective future remains strong.

LAST SUNDAY TO ORDER PEACHES!

Pick-up is:

- Saturday, August 10: 9:00 am-Noon
- Sunday, August 11: 8:30-9:30 am and 11:00-Noon

• Nine-pound box: \$30

• Eighteen-pound box: \$44

Copies of the group order form can be found in Lukens and Grant Hall. Or use the handy QR code on the back of the form to easily enter your order in Realm.

Deadline for orders is July 31.

LAST SUNDAY FOR LOAVES AND FISHES

GIVING-2-OTHERS JULY METRO CARING LOAVES AND FISHES NON-PERISHABLE FOOD AND TOILETRY COLLECTION DATES: JULY 14, 21, 28

Every July in our Gospel readings, we hear the story of Jesus feeding the 5,000, also known as "Loaves and Fishes." St. Barnabas will participate in the Diocesan-wide "Loaves and Fishes" ingathering in July to benefit Metro Caring. Metro Caring works with our community to meet people's immediate need for nutritious and culturally relevant food while building a movement to address the root causes of hunger. Nearly one in three Coloradans faces hunger, not always having enough money to buy food. Help ensure that Metro Caring's Fresh Foods Market remains stocked with nutritious and healthy food by bringing non-perishable food and toiletry items. Visit the Weekly eNews for a list of needed items or pick up a copy on the big resource table in Lukens.

Items will be delivered to Metro Caring at the end of the month along with our financial donation. Donate. online via the Weekly eNews, or earmark a check to St. Barnabas for "Giving-2-Others". Our parish will donate an additional \$500.

SIGN UP FOR COFFEE TIME REFRESHMENTS and CLEAN UP AFTER COFFEE TIME

The sign up sheets for Summer refreshments and clean up are in Lukens and links are available in the Weekly eNews.

Prices

FROM THE SOCIAL JUSTICE COMMITTEE Support the Denver Basic Income Project

Contact Mike Johnston and your City Council members to show your support.

Guaranteed income (GI) is a bold approach to address income inequality. Monthly, no strings attached cash payments are made to eligible individuals so they can meet their basic needs and improve their overall well-being. For a complete explanation and links to other resources, please see the Weekly eNews.

PATTI WALTER UPDATE

For occasional updates on Patti's health, please visit the Weekly eNews.



1280 Vine Street, Denver, Colorado 80206 | (303) 388-6469 | www.stbdenver.org

Dear People of God at St. Barnabas:

As you heard in the announcements last Sunday, after nine months of conversations and planning, L'Ecole Preschool of Denver is relocating to St. Barnabas next month. This is exciting news: L'Ecole needed to leave their current location at Church in the City (16th and York), we were trying to find new ways to connect with our neighborhood, and we have the space available.

L'Ecole's classrooms will be upstairs in the East facing rooms, with their offices in the North West rooms. Due to security measures required for preschools these days, our access to the upstairs will be limited during L'Ecole's hours. Which means that – as needed in any cohabitation agreement – we have to change some of our current room configurations and meeting places.

Please know that we – St. Barnabas' staff and leadership – are trying to avoid any great upheaval to our habits and practices while also welcoming L'Ecole with open arms. Patience and flexibility will serve us well in these early weeks of learning how to live together.

Please thank your BUG (Building Use Group) under the leadership of Head Bug, Barb Mattison, who, together with her committee and vestry, worked tirelessly and through a few unexpected snags to make this arrangement possible. St. Barnabas will have a different profile in the neighborhood and community, and it is exciting to be part of that development.

In the meantime, brush up on your French and your crepe making skills: L'Ecole is a bilingual French-English preschool, and sooner or later you will be greeted with 'Bonjour' at the door.

So grateful for our ministry together –

Stephanie +