

St. Barnabas

EPISCOPAL PARISH

The Holy Eucharist

July 14, 2024

The Eighth Sunday after Pentecost

Welcome!

At St. Barnabas, we experience God's redeeming love in all and through all and respond to love through faithful worship, life-long spiritual growth, and committed outreach.

Our community shares a progressive faith, opens our arms to all seekers, and works to make the world more just.

*When Amos reports his vision of God judging Israel for its mistreatment of the poor, he becomes a threat to the power of the priests and the king. John the Baptist also speaks truth to power, and Herod has him killed. In Herod's fear that Jesus is John returned from the dead, we may hear hope for the oppressed: all the prophets killed through the ages are alive in Jesus. We are called to witness to justice in company with them and to proclaim God's saving love.***

A bell tolls.

THE GREETING AND ANNOUNCEMENTS

We invite you to quiet your hearts and minds as we prepare for worship.

THE PRELUDE

"Entr'acte" from *A Midsummer Night's Dream* Henry Purcell

The Liturgy of Gathering

Please stand in body or spirit.

THE GATHERING HYMN *

As the Deer TFWS-2025



As the deer pants for the wa-ter, so my soul longs af - ter you.

You a - lone are my heart's de - sire, and I long to wor - ship you.

You a - lone are my strength, my shield; to you a - lone may my spir - it

yield. You a - lone are my heart's de - sire, and I long to wor - ship you.

THE OPENING ACCLAMATION

+Blessed be the one, holy, and living God:

Glory to God forever and ever.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Savior. Amen.

THE HYMN OF PRAISE*

Glory to God S-280

Glo-ry to God in the high - est, and peace___ to God's peo-ple on
earth. Lord God, heaven-ly King, al-might-y__God and Fa - ther, we wor-ship you, we give you thanks, we
praise you for your glo - ry. Lord Je - sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb_ of
God, you take a-way the sin of the world: have mer - cy on us; you are seat - ed at the
right hand of the Fa-ther: re - ceive our prayer. For you a-lone are the Ho - ly One,
you a- lone_ are the Lord, you a-lone are the Most High, Je - sus Christ, with the Ho - ly
Spi - rit, in the glo - ry of God___ the Fa - ther. A - men.

THE SALUTATION AND COLLECT OF THE DAY

God be with you.

And also with you.

Let us pray...O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Liturgy of the Word

Please sit.

THE HEBREW SCRIPTURES **Amos 7:7-15**

*Amos is not the kind of prophet attached to temples or royal courts. Rather, he is an ordinary farmer from Judah (the southern kingdom) called by God to speak to Israel (the northern kingdom). God's word of judgment through Amos conflicts with the king's court prophet, Amaziah, whom Amos encounters at Bethel.***

The reading is introduced.

A reading from the book of the prophet Amos.

This is what the Lord God showed me: the Lord was standing beside a wall built with a plumb line, with a plumb line in his hand. And the Lord said to me, "Amos, what do you see?" And I said, "A plumb line." Then the Lord said,

"See, I am setting a plumb line in the midst of my people Israel; I will never again pass them by; the high places of Isaac shall be made desolate, and the sanctuaries of Israel shall be laid waste, and I will rise against the house of Jeroboam with the sword."

Then Amaziah, the priest of Bethel, sent to King Jeroboam of Israel, saying, "Amos has conspired against you in the very center of the house of Israel; the land is not able to bear all his words. For thus Amos has said,

'Jeroboam shall die by the sword, and Israel must go into exile away from his land.' "

And Amaziah said to Amos, "O seer, go, flee away to the land of Judah, earn your bread there, and prophesy there; but never again prophesy at Bethel, for it is the king's sanctuary, and it is a temple of the kingdom."

Then Amos answered Amaziah, "I am no prophet, nor a prophet's son; but I am a herdsman, and a dresser of sycamore trees, and the Lord took me from following the flock, and the Lord said to me, 'Go, prophesy to my people Israel.'"

A brief silence, then:

Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM 85:8-13 ***Benedixisti, Domine***

I will listen to what the Lord God is saying. (Ps 85:8)

The psalm is sung responsively between Cantor and congregation.



I will listen to what the Lord God is ' saying, *
for he is speaking peace to his faithful people
and to those who turn their / hearts to him.

Truly, his salvation is very near to those who ' fear him, *
that his glory may / dwell in our land.

Mercy and truth have met to -' gether; *
righteousness and peace have / kissed each other.

Truth shall spring up from the ' earth, *

and righteousness shall look / down from heaven.

The Lord will indeed grant pro -' sperity, *
and our land will / yield its increase.

Righteousness shall go be -' fore him, *
and peace shall be a pathway / for his feet.

Glory to God, Source of All Being, Incarnate
Word, and Holy ' Spirit; *
as it was in the beginning, is now, and will be
for ever. Amen. / Alleluia!

THE CHRISTIAN SCRIPTURES *Ephesians 1:3-14*

*In Jesus, all of God's plans and purposes have been made known as heaven and earth are united in Christ. Through Jesus, we have been chosen as God's children and have been promised eternal salvation.***

The reading is introduced.

A reading from the letter to the Ephesians..

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

A brief silence, then:

Hear what the Spirit is saying to God's people.

Thanks be to God.

Please stand in body or spirit.

THE GOSPEL ACCLAMATION *

Alleluia, Alleluia, Alleluia

Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia. Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

Cantor: May the God of our Lord Jesus Christ enlighten the eyes of our hearts, that we may know the hope to which God has called us.**

Alleluia, Alleluia, Alleluia



THE HOLY GOSPEL *Mark 6:14-29*

*As Jesus and the disciples begin to attract attention, Mark recalls the story of John the Baptist's martyrdom. Like John, Jesus and the disciples will also suffer at the hands of those opposed to the Gospel of salvation.***

The Holy Gospel of Our Lord Jesus Christ according to Mark.

Glory to you, O Christ.

King Herod heard of Jesus and his disciples, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

A brief silence, then:

The Gospel of Christ.

Praise to you, O Christ.

Please sit.

The Homily Pastor Stephanie Kopsch

Please stand in body or spirit.

THE PRAYERS OF THE PEOPLE

It is our custom to light candles for those who are sick or distressed and to remember those who have died.

*The prayer stations are on either side of the Altar. The refrain is sung once. **

Hear our Prayer ELW-178

Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple,
hope for each soul. God of grace, in this place, hear now our prayer.

Bidder: Trusting that the power that fell on early Christians on the first Pentecost may now fall afresh on us, we offer these intercessions to you, our God.

For all who seek a deeper faith, and especially for the Anglican Communion and Archbishop Justin Welby, Presiding Bishop of the Episcopal Church Michael Curry, Presiding Bishop Elect Sean Rowe, and Bishop in Colorado Kym Lucas, as they lead us through these challenging times, we offer this prayer:

Trusting in your guidance.

For the leaders of the world, that they may discover and employ peaceful manifestations of their power so that our world may become a safe place for all its inhabitants, we offer this prayer:

Trusting in your guidance.

For the election of 2024, that all of us will work to become informed and then turn out to vote, we offer this prayer:

Trusting in your guidance.

For Interim Rector Stephanie, Pastoral Associate Patti, Senior Wardens Jolene and Jim, our Vestry, and all the leaders and staff leading us as we discover and articulate our call as the parish of St. Barnabas, we offer this prayer:

Trusting in your guidance.

For a vision of caring for our planet, stabilizing and healing it, and energizing people to make necessary changes, we offer this prayer:

Trusting in your guidance.

For all those for whom we have been asked to pray—for mending of health or relationships, especially Hildegarde, Stan, Greg, the Benson and Manning families, Jill, Raymond, Charles, John, Joy, Marcia, Patti, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster, and those we name aloud or in silence (*silence*). we offer this prayer:

Trusting in your guidance.

For those now fully with you and no longer with us here, and those we name aloud or in silence (*silence*), we offer this prayer:

Trusting in your guidance.

Celebrant: For your hearing these intercessions that we have faithfully offered, we give you thanks, O God.
Amen.

*The refrain is sung once more. **

Hear our Prayer ELW-178

Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple,
hope for each soul. God of grace, in this place, hear now our prayer.

A TIME OF PRAYER FOR HEALING AND WHOLENESS FOR PATTI WALTER

THE PEACE

The peace of the risen Christ be always with you.

And also with you.

All share a greeting of peace.

The Liturgy of the Meal

THE OFFERTORY

The Offertory Sentence

Please sit.

The Presentation of the Bread and Wine

Voluntary

“Rondeau” from *Abdelazar*

Henry Purcell

Please stand in body or spirit.

The Presentation of the Gifts

The Offertory Hymn*

Praise God, From Whom All Blessings Flow H-380

Praise God, from whom all bless-ings flow; praise God, all crea-tures here be - low; praise
God a -bove, ye heaven-ly host: praise Fa-ther, Son, and Ho - ly Ghost. A - men.

THE GREAT THANKSGIVING

The Preface and Proper Preface

God be with you.

And also with you.

Lift up your hearts.

We lift them to God.

Let us give thanks to our God.

It is right to give our thanks and praise.

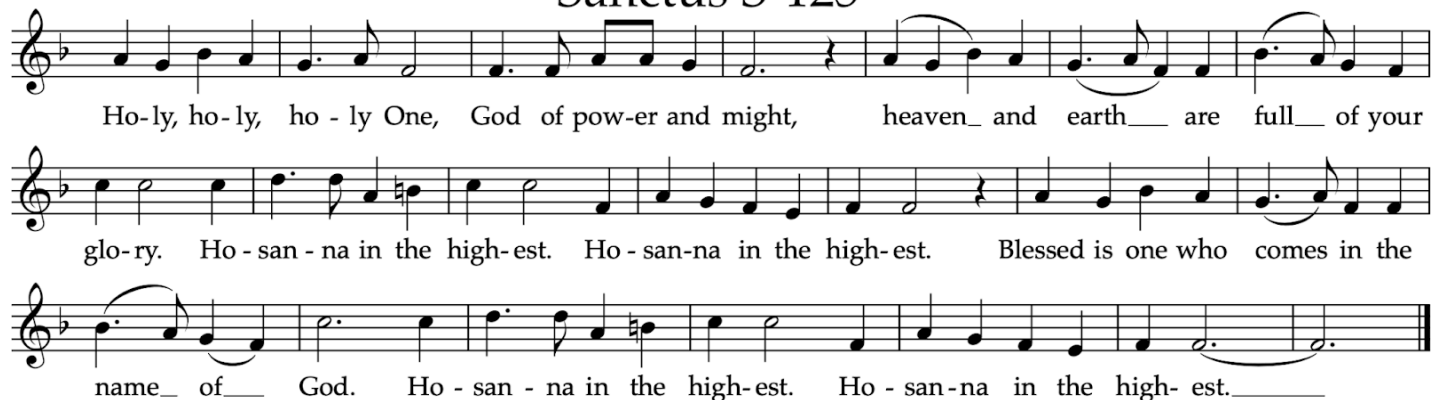
The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Because in Jesus Christ our Lord you have received us as your children, made us citizens of your realm, and given us the Holy Spirit to guide us into all truth.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

The Sanctus*

Sanctus S-125



Ho-ly, ho-ly, ho - ly One, God of pow-er and might, heaven_ and earth__ are full__ of your
glo-ry. Ho - san - na in the high-est. Ho - san-na in the high-est. Blessed is one who comes in the
name__ of__ God. Ho - san - na in the high-est. Ho - san-na in the high- est._____

The Celebrant continues

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only-begotten One, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Maker of all. Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore let us proclaim the mystery of faith.

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Beloved One, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with the blessed Virgin Mary, blessed Barnabas, and all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Lord. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **Amen.**

The Lord's Prayer*

It is our custom to hold hands during The Lord's Prayer.

As Jesus has taught us, we pray those words that bind us together:

Our Fa-ther in hea ven, hal-lowed be your Name, your king-dom come, your will be done,
on earth as in hea-ven. Give us to-day our dai-ly bread. For-give us our sins
as we for-give those who sin a-gainst us. Save us from the time of tri-al,
and de-liv-er us from e-vil. For the king-dom, the power, and the glo-ry are yours,
now and for-ev-er. A-men.

THE BREAKING OF THE BREAD AND FRACTION ANTHEM*

Christ our Passover S-154

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia,
Christ our Pass - o - ver is sac - ri - ficed for us; There - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

THE INVITATION TO COMMUNION

The Gifts of God for the People of God. Receive who you are, become what you receive.

Please sit. Jesus welcomed everyone to his table, and so we at St. Barnabas welcome everyone to this table. Gather around the Altar as you are directed. You may stand or kneel as is your custom. The Celebrant will place the gluten-free bread into your hand. You have two options to receive the wine. A Chalice Bearer will offer the Common Cup from which you may drink, or you may dip the bread in the wine when a second chalice comes in turn. You may also choose not to partake of the Cup. When you have received the Sacrament, please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.

For the summer no hymn will be sung during communion, though occasionally there will be special music. We invite you into the silence to bask in and reflect on Christ's presence with us in the Sacrament.

THE SENDING OUT OF EUCHARISTIC VISITORS (Occasional)

N., in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ's Body and Blood.

Please stand in body or spirit.

THE PRAYER AFTER COMMUNION

Let us pray...Shepherding God,

you have graciously accepted us as living members of your Beloved One Jesus Christ, and you have fed us with spiritual food in the Sacrament of Christ's Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Liturgy of Sending

THE BLESSING

Life is short, and we do not have much time to gladden the hearts of those who travel the way with us. So be swift to love, make haste to be kind; and +the blessing of the One who made you, who loves you, and who walks the way with you still be with you this day and remain with you always. **Amen.**

THE SENDING HYMN*

My Life Flows on in Endless Song ELW-763

My life flows on in end-less song; a - bove earth's lam - en - ta - tion, I
Through all the tu - mult and the strife, I hear that mu - sic ring - ing. It
What though my joys and com-forts die? The Lord my Sav - ior liv - eth. What
The peace of Christ makes fresh my heart, a foun - tain ev - er spring - ing! All

catch the sweet, though far - off hymn that hails a new cre - a - tion. No
finds an ech - o in my soul. How can I keep from sing - ing?
though the dark - ness gath - er round? Songs in the night he giv - eth.
things are mine since I am his! How can I keep from sing - ing?

storm can shake my in-most calm while to that Rock I'm cling - ing. Since
Christ is Lord of Heav-en and earth, how can I keep from sing - ing?

THE DISMISSAL

Alleluia! Alleluia! Go in peace to love and serve the Lord.

Thanks be to God. Alleluia! Alleluia!

POSTLUDE

“Fairest Isle” from *King Arthur*

Henry Purcell

*Hymns reprinted under One License #A-729701.

**Liturgical pieces are from *Sundays and Seasons: Year B 2024*, Augsburg Fortress, Publishers, Minneapolis

St. Barnabas Episcopal Parish

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Parish Office Hours: Tuesday through Friday, 9:00 am to Noon.

Interim Rector

Pastoral Associate

Music Director

Organist

Parish Administrator

Bookkeeper

Pastor Stephanie Kopsch (she/her)

Ms. Patti Walter (she/her)

Ms. Misty Dupuis (she/her)

Ms. Ronda Hilton (she/her)

Ms. Julia Wade (she/her)

Ms. Lexi Jones (she/her)

Those In Need of Prayer

The Holbrook family, the Hayes family, Dennis Kennedy, Bill Miles, Marty and Diana Flahive, Larry Volmert, Carol Wier and family, John and Patrice Hayes, Larry Konkol, Andrea, Nicolle, Selah Kay, Jessica Sweet, Claire Hayes, Marlis Sneed and family, the Long family, Atlee Witt, Carolyn Wolfrum, Jim Hostler, Meghann and Kai, RJ Campbell, Burley and Irene Shepard, Bob Manning, KaJune Kent, Kathy Labargethy Alden, Brian Reid, Shanelle Duran, Carmeleta Davison, Hildegard White, Stan Siefer, Greg Roosevelt, the Benson and Manning families, Jill Schlegal, Raymond Dupuis-Spiva, Charles Michael Goodall, John Graves, Joy Sandoz, Marcia Doty, Patti Walter, the people of Ukraine, the people of Sudan, the children in Gaza, those who suffer from conflict and natural and human disaster.

New to the prayer list

Those who have died

Rest eternal grant them, O Lord, and let light perpetual shine upon them.

This Week's Parish Schedule

Sunday, July 14: The Eighth Sunday after Pentecost

- 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.
- Vestry meeting following the Reception.

Tuesday, July 16

- 6:30 pm: Leadership meeting via Zoom.

Wednesday, July 17

- 9:00 Staff meeting in the Workroom.
- 10:00 am: Bible Study in the Chapel.
- 6:00 pm: For the Vestry—a picnic at Barb Mattison's home.

Sunday, July 21: The Ninth Sunday after Pentecost

- 8:15 am: Under the Oak Book Discussion
- 9:30 am: *Holy Eucharist* (sung) in the Sanctuary.

Birthdays

Hildegard White	July 15
Jim Hayes	July 19
Lynn Hoffman	July 28
Ellen Janasko	July 28

Anniversaries

Shanna and Kyle Knierim	July 14
Sis and Walter Flor	July 27
Carolyn and Ed Wolfrum	July 28
Janet and Bob Manning	July 29

Announcements

RECEPTION THIS SUNDAY

Today in worship, we will pray for God's healing and wholeness for Pastoral Associate Patti Walter as she takes a medical leave from July 15th through the end of September. Patti will engage in a promising new treatment that she and her medical team have great confidence in for Multiple Myeloma called CAR T Cell Therapy. After church, we will have the chance to give Patti our support and love during refreshments in Lukens.

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FROM THE SOCIAL JUSTICE COMMITTEE
Support the Denver Basic Income Project

Contact Mike Johnston and your City Council members to show your support.

Guaranteed income (GI) is a bold approach to address income inequality. Monthly, no strings attached cash payments are made to eligible individuals so they can meet their basic needs and improve their overall well-being. For a complete explanation and links to other resources, please see the Weekly eNews.

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UNDER THE OAK
Book Discussions
July 21 and August 18
8:15 am to 9:15 am

The Forum, and the Social Justice Committees are sponsoring our summer book reads this year.

July 21: Claire Trautman, one of our youth, will lead the discussion on *Refugee* by Alan Gratz. The book presents three 13-year-olds forced to flee their homelands in three different time periods.

August 18: Carolyn Wolfrum will lead the discussion on *All We Can Save: Truth, Courage, and Solutions for the Climate Crisis* edited by Ayana Elizabeth Johnson and Katherine K. Wilkinson. The book is a collection of essays written by visionaries who want to hold up what has been done to our

climate, while bolstering our resolve to never give up on doing all we can in order to ensure our collective future remains strong.

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GIVING-2-OTHERS JULY
METRO CARING
LOAVES AND FISHES
NON-PERISHABLE FOOD AND TOILETRY
COLLECTION DATES: JULY 14, 21, 28

Every July in our Gospel readings, we hear the story of Jesus feeding the 5,000, also known as “Loaves and Fishes.” St. Barnabas will participate in the Diocesan-wide “Loaves and Fishes” ingathering in July to benefit Metro Caring. Metro Caring works with our community to meet people’s immediate need for nutritious and culturally relevant food while building a movement to address the root causes of hunger. Nearly one in three Coloradans faces hunger, not always having enough money to buy food. Help ensure that Metro Caring’s Fresh Foods Market remains stocked with nutritious and healthy food by bringing non-perishable food and toiletry items. Visit the Weekly eNews for a list of needed items or pick up a copy on the big resource table in Lukens.

Items will be delivered to Metro Caring at the end of the month along with our financial donation. Donate.

online via the Weekly eNews, or earmark a check to St. Barnabas for “Giving-2-Others”. Our parish will donate an additional \$500.

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PEACHES, PEACHES, PEACHES!

Pick-up is:

- **Saturday, August 10: 9:00 am-Noon**
- **Sunday, August 11: 8:30-9:30 am & 11:00-Noon**

Prices

- Nine-pound box: \$30
- Eighteen-pound box: \$44

Copies of the group order form can be found in Lukens and Grant Hall. Or use the handy QR code on the back of the form to easily enter your order in Realm.

Deadline for orders is July 31.

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COFFEE TIME REFRESHMENTS

The sign up sheet for Summer refreshments is on the treats table and a link is available in the Weekly eNews.

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