



The Holy Eucharist

March 10, 2024

The Fourth Sunday in Lent

St. Barnabas Mission Statement

We experience God's redeeming love in all and through all and respond to love through faithful worship, life-long spiritual growth, and committed outreach.

Our community shares a progressive faith, opens our arms to all seekers, and works to make the world more just.

The fourth of the elder Testament promises providing a baptismal lens this Lent is the promise God makes to Moses: those who look on the bronze serpent will live. In today's gospel, Jesus says he will be lifted up on the cross like the serpent, so that those who look to him in faith will live. When we receive the sign of the cross in baptism, that cross becomes the sign we can look to in faith for healing, for restored relationship to God, for hope when we are dying.

A bell tolls.

THE GREETING AND ANNOUNCEMENTS

We invite you to quiet your hearts and minds as we prepare for worship.

THE PRELUDE (9:30)

Amazing Grace John Newton, arr. Mark Hayes; Michael Jordan, soloist

The Liturgy of Gathering

Please stand in body or spirit.

THE GATHERING HYMN (9:30)*

Come, Thou Fount of Every Blessing H-686



Come, thou fount of ev - ery bless - ing, tune my heart to sing thy grace! Streams of
Here I find my great - est trea - sure; hith - er, by thy help, I've come; and I
Oh, to grace how great a debt - or dai - ly I'm con - strained to be! Let thy
mer - cy nev - er ceas - ing, call for songs of loud - est praise. Teach me__
hope, by thy good plea - sure, safe - ly to ar - rive at home. Je - sus__
good - ness, like a fet - ter, bind my wan - dering heart to thee: prone to__
some me - lo - dious son - net, sung by__ flam - ing tongues a - bove. Praise the
sought me when a stran - ger wan - dering from the fold of God; God, to
wan - der, Lord, I feel__ it, prone to__ leave the God I love; here's my
mount! Oh, fix me on it, mount of God's un - chang - ing love.
res - cue me from dan - ger, in - ter - posed his pre - cious blood.
heart, oh, take and seal it, seal it for thy courts a - bove.

THE OPENING ACCLAMATION

+Blessed be the God of our salvation:

Who bears our burdens and forgives our sins.

THE COLLECT FOR PURITY

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly
love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

THE KYRIE (7:45)

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

So Moses prayed for the people. And YHWH said to Moses, “Make a snake and put it on the end of a pole. Anyone who is bitten and looks at it will live.” So Moses made a bronze snake and put it up on a pole. Then whenever the people were bitten by a snake, they looked at the bronze snake and lived.

A brief silence, then:

Hear what the Spirit is saying to God’s people.

Thanks be to God.

PSALM 107:1–3, 17–22 *Confitemini Domino*

The psalm is prayed in unison.

**We give you thanks, O God, for your good; *
your mercy endures for ever.**

**Let all those whom you have redeemed proclaim *
that you redeemed them from the hand of the foe.**

**You gathered them out of the lands, *
from the east and from the west,
from the north and from the south.**

**Some were fools and took to rebellious ways; *
they were afflicted because of their sins.**

**They abhorred all manner of food *
and drew near to death’s door.**

**Then they cried to you in their trouble, *
and you delivered them from their distress.**

**You sent forth your word and healed them, *
and saved them from the grave.**

**Let them give thanks to you for your mercy *
and the wonders you do for your children.**

**Let them offer a sacrifice of thanksgiving *
and tell of your acts with shouts of joy.**

**Glory to God, Source of All Being, Incarnate
Word and Holy Spirit; *
as it was in the beginning, is now, and will be
for ever. Amen.**

THE CHRISTIAN SCRIPTURES *Ephesians 2:1–10*

While we were dead in our sinfulness, God acted to make us alive as a gift of grace in Christ Jesus. We are saved not only by what we do, but by grace through faith. Thus our good works are really a reflection of God’s grace at work in our lives.

The reading is introduced.

A reading from the letter to the Ephesians.

You were dead because of your sins and offenses, which you committed in your allegiance both to the present age and to the ruler of the power of the air—that spirit who is even now at work among “the children of rebellion.” And all of us were among them; we lived at the level of the flesh, following every whim of the flesh, every fancy of this age, and so by nature deserved God’s wrath like the rest.

But God, rich in mercy and loving us so much, brought us to life in Christ, even when we were dead in our sins. It is through this grace that we have been saved. God raised us up and, in union with Christ Jesus, gave us a place in the heavenly realm, to display in ages to come how immense are the resources of God’s grace and kindness in Christ Jesus. And it is by grace that you have been saved, through faith—and even that is not of yourselves, but the gift of God. Nor is it a reward for anything that you have done, so nobody can claim the credit. We are God’s work of art, created in Christ Jesus to do the good things God created us to do from the beginning.

A brief silence, then:

Hear what the Spirit is saying to God’s people.

Thanks be to God.

THE GOSPEL ACCLAMATION (9:30)*

Return to the Lord, Your God

Re - turn to the Lord, your_ God, for he is gra - cious and mer - ci - ful,
slow to an - ger, and a - bound - ing in stead - fast love.

THE HOLY GOSPEL *John 3:14-21*

To explain the salvation of God to the religious leader, Nicodemus, Jesus refers to the scripture passages quoted in today’s first reading. Just as those who looked upon the bronze serpent were healed, so people will be saved when they behold Christ lifted upon the cross.

The Holy Gospel is announced.

The Holy Gospel of Our Lord Jesus Christ according to John.

Glory to you, O Christ.

[Jesus said,] “As Moses lifted up the serpent in the desert,
so the Chosen One must be lifted up,

so that everyone who believes in the Chosen One
might have eternal life.

Yes, God so loved the world as to give the Only Begotten One,
that whoever believes may not die,
but have eternal life.

God sent the Only Begotten into the world
not to condemn the world,
but that through the Only Begotten
the world might be saved.

Whoever believes in the Only Begotten avoids judgment,
but whoever doesn't believe is judged already
for not believing in the name
of the Only Begotten of God.

On these grounds is sentence pronounced:
that though the light came into the world,
people showed they preferred darkness to the light
because their deeds were evil.

Indeed, people who do wrong hate the light and avoid it,
for fear their actions will be exposed;

but people who live by the truth
come out into the light,
so that it may be plainly seen
that what they do is done in God."

A brief silence, then:

The Gospel of Christ.

Praise to you, O Christ.

Please sit.

The Homily Ms Patti Walter

A time of silence for reflection on the Word of God.

Please stand in body or spirit.

THE PRAYERS OF THE PEOPLE

It is our custom to light candles for those who are sick or distressed and to remember those who have died.

*The prayer stations are on either side of the Altar. The refrain is sung twice. (9:30)**

O Lord Hear my Pray'r WLP-827

The image shows a musical score for the hymn 'O Lord Hear my Pray'r WLP-827'. It consists of two systems of music, each with a vocal line and a piano accompaniment. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are: 'O Lord hear my pray'r, O Lord hear my pray'r. When I call, an - swer me. O Lord hear my pray'r. O Lord hear my pray'r. Come and lis - ten to me. O'. The piano accompaniment features a steady eighth-note bass line and chords in the right hand.

As we travel on our Lenten journey toward Easter, and work to shed impediments to this journey, we offer these intercessions. May we stay open to the ways that God might surprise us.

Silence

For the Universal Church, the Anglican Communion, including the Episcopal Church and the Episcopal Church in Colorado, that our leaders may illumine the opportunities of the present moment. We offer this prayer in silence.

Silence

For the leaders of the nations of the world, that they may use their power and wisdom, coupled with compassion, to bring justice and peace to our world. We offer this prayer in silence.

Silence

For the St. Barnabas community as Jeffrey accepts a new call, and we work with our leaders to make this transition a rich time of renewal. We offer this prayer in silence.

Silence

For our beautiful Earth, that we may find the wisdom to repair what is broken, cherish its wonders and diversity, and share its abundance. We offer this prayer in silence.

Silence

For those whose lives are pierced with pain whether physical, emotional, or spiritual, and those for whom we have been invited to pray. We hold up to you, O God, Doug, Robin, Bill, Atlee, Carolyn, Bishop Michael Curry, Holly, the Calabro family, Chris, Frank, Meghann and Kai, Enid, Trey, Art, the people of Ukraine, Israelis and Palestinians, those who suffer from conflict and natural and human disaster, and those we name aloud or in silence. *(Pause)* We offer this prayer in silence.

Silence

For those we love but see no more, held now completely by you, especially Bonnie, Molly, James, and those we name aloud or in silence. *(Pause)* We offer this prayer in silence.

Silence

Accompany us on our journey, God of grace, and receive the prayers of our hearts; through Jesus Christ our Lord. **Amen.**

*The refrain is sung once more. (9:30)**

O Lord Hear my Pray'r WLP-827

The musical score is written for voice and piano. It consists of two systems of music. The first system has a vocal line and a piano accompaniment. The lyrics are: "O Lord hear my pray'r, O Lord hear my pray'r. When I call, an - swer me. O". The second system also has a vocal line and a piano accompaniment. The lyrics are: "Lord hear my pray'r. O Lord hear my pray'r. Come and lis - ten to me. O". The piano accompaniment features a steady eighth-note pattern in the right hand and a more complex rhythmic pattern in the left hand.

THE CONFESSION OF SIN

Let us confess our sins in the presence of God and one another.

Silence for reflection.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Beloved One Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, +forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of Christ be always with you.

And also with you.

All share a greeting of peace.

The Liturgy of the Meal

THE OFFERTORY

The Offertory Sentence

Please sit.

The Presentation of the Bread and Wine

The Choir Anthem

Walk Humbly with Your God Robert J. Powell

Please stand in body or spirit.

The Presentation of the Gifts

Offertory Acclamation

All things come of thee, O Lord,
and of thine own have we given thee.

THE GREAT THANKSGIVING

The Preface and Proper Preface

God be with you.

And also with you

Lift up your hearts.

We lift them to God.

Let us give thanks to our God.

It is right to give our thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Sanctus (7:45)

**Holy, Holy, Holy, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

The Sanctus (9:30)*

Holy, Holy, Holy Lord

Ho - ly, ho - ly, ho - ly Lord, God of power and might,___ Ho - ly, ho - ly,
ho - ly Lord, God of power and might,___ hea - ven and earth are full,___
full___ of your glo - ry. Ho - san - na in the high - est, Ho - san - na in the
high - est. Bless - ed is he who comes___ in the name of the Lord. ___
___ Ho - san - na in the high - est. Ho - san - na in the high - est.

The Celebrant continues

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only-begotten One, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Beloved One, the holy food and drink of new and unending life in Christ. +Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with the blessed Virgin Mary, blessed Barnabas, blessed Bonnie, blessed Molly, blessed James, and all your saints into the joy of your eternal kingdom.

All this we ask through you Beloved One Jesus Christ. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **Amen.**

The Lord's Prayer (7:45)

It is our custom at St. Barnabas to hold hands during The Lord's Prayer.

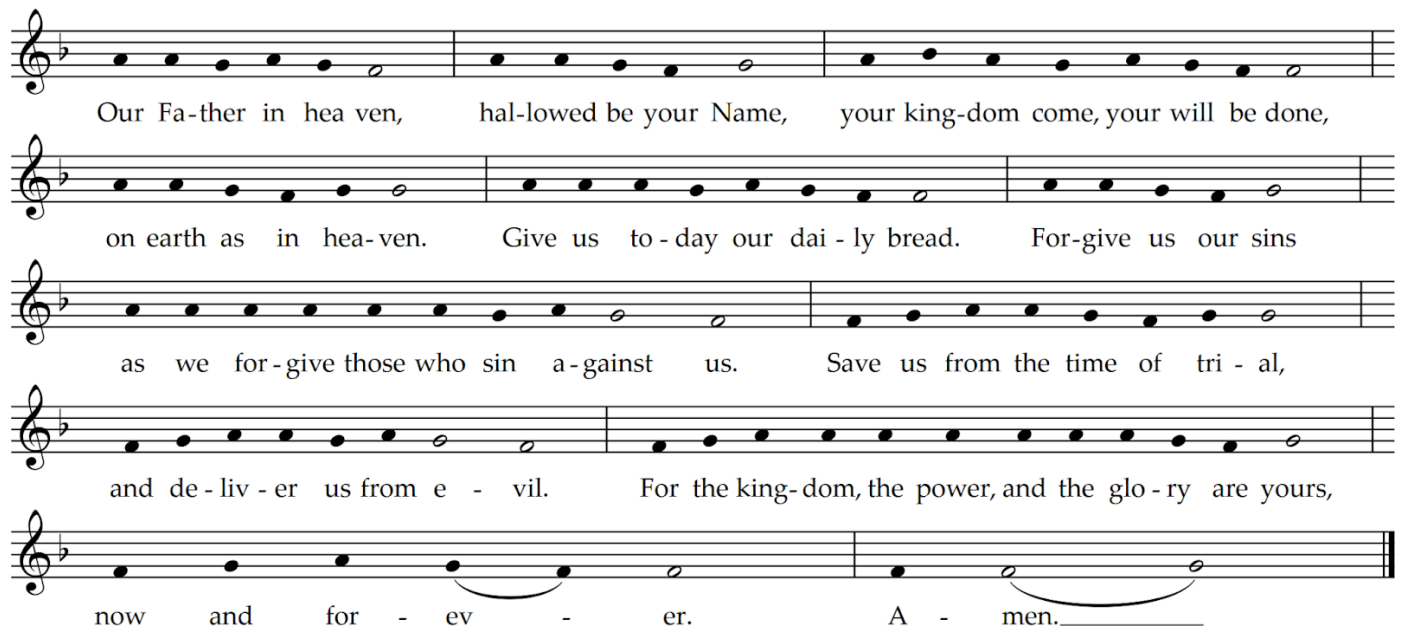
As Jesus has taught us, we pray those words that bind us together:

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

THE LORD'S PRAYER (9:30)*

It is our custom to hold hands during The Lord's Prayer.

As Jesus has taught us, we pray those words that bind us together:



The musical notation consists of five staves of music in a single system, each with a treble clef and a key signature of one flat (B-flat). The notes are simple, mostly quarter and eighth notes, with some rests. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes. The final note of the last staff is a whole note, and the system ends with a double bar line.

Our Fa-ther in hea ven, hal-owed be your Name, your king-dom come, your will be done,
on earth as in hea-ven. Give us to-day our dai-ly bread. For-give us our sins
as we for-give those who sin a-gainst us. Save us from the time of tri-al,
and de-liv-er us from e-vil. For the king-dom, the power, and the glo-ry are yours,
now and for-ev-er. A-men.

The Breaking of the Bread and the Fraction Anthem (7:45)

Jesus, Lamb of God:

have mercy on us.

Jesus, bearer of our sins:

have mercy on us.

Jesus, redeemer of the world:

give us your peace.

THE BREAKING OF THE BREAD AND FRACTION ANTHEM (9:30)*

Jesus, Lamb of God S-164

Je - sus, Lamb of God: have mer - cy on us. Je - sus, bear - er

of our sins: have mer - cy on us. Je - sus, re - deem - er, re -

deem - er of the world: give us your peace, give us your peace.

THE INVITATION TO COMMUNION**

The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts, by faith, with thanksgiving.

Please sit. Jesus welcomed everyone to his table, and so we at St. Barnabas welcome everyone to this table. Gather around the Altar as you are directed. You may stand or kneel as is your custom. The Celebrant will place the gluten-free bread into your hand. You have two options to receive the wine. A Chalice Bearer will offer the Common Cup from which you may drink, or you may dip the bread in the wine when a second chalice comes in turn. You may also choose not to partake of the Cup. When you have received the Sacrament, please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.

THE MUSIC DURING COMMUNION (9:30)*

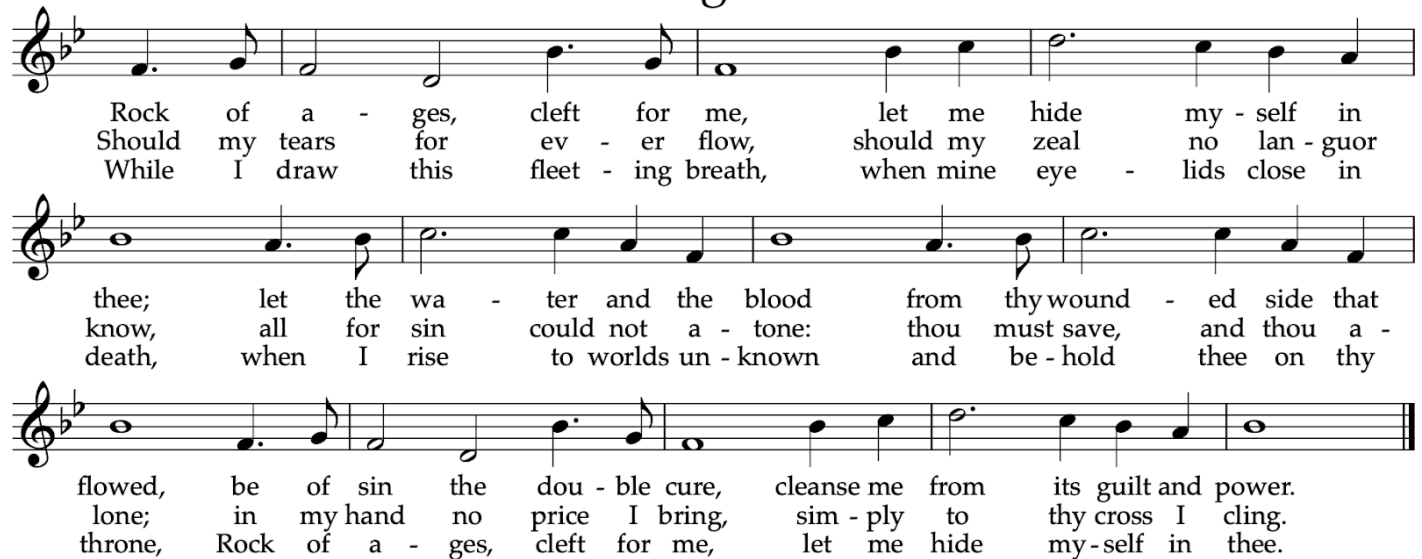
Special Music

There is a Balm in Gilead arr. Evelyn Simpson-Curenton; St Barnabas Quartet

Steal Away arr. Mosie Lister; St Barnabas Quartet

Hymn

Rock of Ages H-685



Rock of a - ges, cleft for me, let me hide my - self in
Should my tears for ev - er flow, should my zeal no lan - guor
While I draw this fleet - ing breath, when mine eye - lids close in
thee; let the wa - ter and the blood from thy wound - ed side that
know, all for sin could not a - tone: thou must save, and thou a -
death, when I rise to worlds un - known and be - hold thee on thy
flowed, be of sin the dou - ble cure, cleanse me from its guilt and power.
lone; in my hand no price I bring, sim - ply to thy cross I cling.
throne, Rock of a - ges, cleft for me, let me hide my - self in thee.

Please stand in body or spirit.

THE PRAYER AFTER COMMUNION

Let us pray...Eternal God, heavenly Abba,

you have graciously accepted us as living members of your Beloved One our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of Christ's Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Liturgy of Sending

THE SENDING OUT OF EUCHARISTIC VISITORS (Occasional)

N., in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ's Body and Blood.

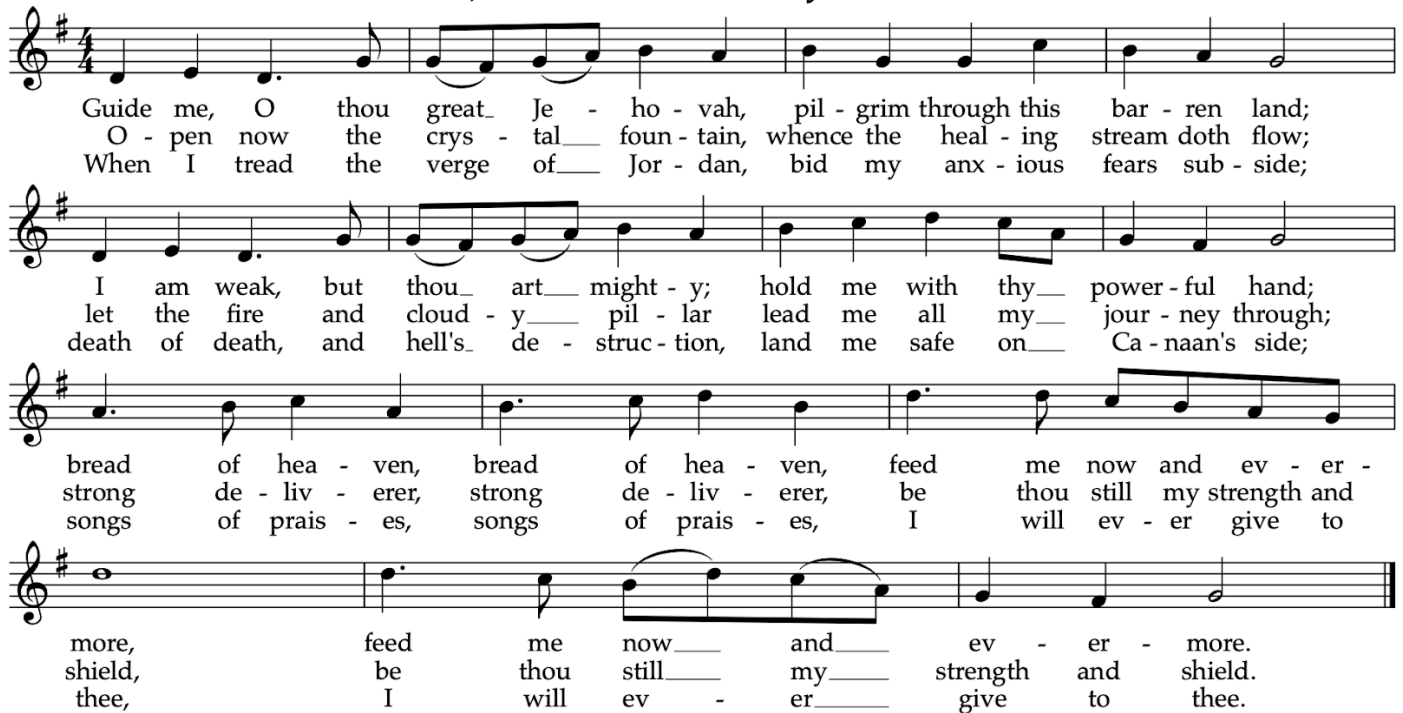
We who are many are one Body, because we all share one Bread, one Cup.

THE SOLEMN PRAYER OVER THE PEOPLE

Bow your hearts before God...Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. **Amen.**

THE SENDING HYMN (9:30)*

Guide Me, O Thou Great Jehovah H-690



Guide me, O thou great Je - ho - vah, pil - grim through this bar - ren land;
O - pen now the crys - tal foun - tain, whence the heal - ing stream doth flow;
When I tread the verge of Jor - dan, bid my anx - ious fears sub - side;

I am weak, but thou art might - y; hold me with thy power - ful hand;
let the fire and cloud - y pil - lar lead me all my jour - ney through;
death of death, and hell's de - struc - tion, land me safe on Ca - naan's side;

bread of hea - ven, bread of hea - ven, feed me now and ev - er -
strong de - liv - erer, strong de - liv - erer, be thou still my strength and
songs of prais - es, songs of prais - es, I will ev - er give to

more, shield, thee, feed be thou will ev - er - er give strength and shield. thee.

THE DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

POSTLUDE

Allegro Léon Boëllmann

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