

# St. Barnabas

## EPISCOPAL PARISH

The Holy Eucharist

January 28, 2024

The Fourth Sunday after the Epiphany

### St. Barnabas Mission Statement

We experience God's redeeming love in all and through all and respond to love through faithful worship, life-long spiritual growth, and committed outreach.

Our community shares a progressive faith, opens our arms to all seekers, and works to make the world more just.

*In Deuteronomy, God promises to raise up a prophet like Moses, who will speak for God. In Psalm 111, God shows the people the power of God's works. For the Church, these are ways of pointing to the unique authority people sensed in Jesus' actions and words. We encounter that authority in God's Word, around which we gather, the Word that prevails over any lesser spirit that would claim power over us, freeing us to follow Jesus.\*\**

*A bell tolls.*

### THE GREETING AND ANNOUNCEMENTS

### THE PRAYERS FOR BIRTHDAYS, ANNIVERSARIES, AND TRAVELERS

*For our St. Barnabas family, here and elsewhere.*

#### ***Birthday Prayer***

Watch over your children, O God, as their days increase; bless and guide them wherever they may be, strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

#### ***Anniversary Prayer***

Send, O God, your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their homes may be havens of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

#### ***A Prayer for Travelers***

Almighty God, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them to their journey's end; through Jesus Christ our Lord. Amen.

### THE PRELUDE

*Prélude sur l'introït de l'Épiphanie* Maurice Duruflé

# The Liturgy of Gathering

## THE GATHERING HYMN (9:30)\*

### O for a Thousand Tongues to Sing H-493

O for a thou - sand tongues to sing my  
My gra - cious Mas - ter and my God, as -  
Je - sus! the Name that charms our fears and  
He speaks; and, lis - tening to his voice, new  
Hear him, ye deaf; ye voice - less ones, your  
dear re - deem - er's praise, the glo - ries of my  
sist me to pro - claim and spread through all the  
bids our sor - rows cease; 'tis mu - sic in the  
life the dead re - ceive, the mourn - ful bro - ken  
loos - ened tongues em - ploy; ye blind, be - hold, your  
God and King, the tri - umphs of his grace!  
earth a - broad the hon - ors of thy Name.  
sin - ner's ears, 'tis life and health and peace.  
hearts re - joice, the hum - ble poor be - lieve.  
Sa - vior comes; and leap, ye lame, for joy!

Glory to God and praise and love  
be now and ever given  
by saints below and saints above,  
the Church in earth and heaven.

## THE OPENING ACCLAMATION

+Blessed are you, holy and living One.

**You are the light of the world.**

## THE COLLECT FOR PURITY

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly  
love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## THE TRISAGION (7:45)

*The Trisagion is prayed three times.*

+Holy God, holy and mighty, holy immortal One.

**Have mercy on us.**

**THE HYMN OF PRAISE (9:30)\***

## Glory to God

Glo-ry to God in the high - est, and peace\_\_\_ to God's peo-ple on  
earth. Lord God, heaven-ly King, al-might-y God and Fa - ther, we wor-ship you, we give you thanks, we  
praise you for your glo - ry. Lord Je - sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb\_ of  
God, you take a-way the sin of the world: have mer - cy on us; you are seat - ed at the  
right hand of the Fa-ther: re - ceive our prayer. For you a-lone are the Ho - ly One,  
you a- lone\_ are the Lord, you a - lone are the Most High, Je - sus Christ, with the Ho - ly  
Spi - rit, in the glo - ry of God\_\_\_ the Fa - ther. A - men.

### **THE SALUTATION AND COLLECT OF THE DAY**

God be with you.

**And also with you.**

Let us pray...Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

### **THE PRAYER OF DISCERNMENT FOR THE ELECTION OF THE PRESIDING BISHOP**

Almighty God, source of all wisdom and understanding: Look graciously on your Church, and so guide the hearts and minds of those who will choose our next presiding bishop, that we may receive a faithful pastor who will care for all of your people, equip us for our ministries, and proclaim your word to us and to the world; through Jesus Christ our Lord. **Amen.**

# The Liturgy of the Word

Please sit.

## THE HEBREW SCRIPTURES *Deuteronomy 18:15–20*

Today's reading is part of a longer discourse in Deuteronomy, an updating of the law for the Israelite community as the people wait to enter the promised land. Here Moses assures the people that God will continue to guide them through prophets who will proclaim the divine Word.\*\*

The reading is introduced.

A reading from the book of Deuteronomy.

YHWH, your God, will raise up for you a prophet like me from among your own people; to that prophet you must listen. It was this that you asked of YHWH, your God, at Horeb on the day of the assembly, when you said, "Let us not hear again the voice of YHWH, our God, nor see this great fire again, or we will die."

And YHWH said to me, "This is well said. I will raise up for them a prophet like you from among their people, into whose mouth I will put my words, and that person will tell them all that I command. If any person will not listen to the words which my prophet speaks in my Name, I myself will call that person to answer for this. But if a prophet presumes to speak in my Name a message that I have not commanded to be spoken, or speaks in the name of other gods—that prophet will die."

A brief silence, then:

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

## PSALM 111 *Confitebor tibi*

The cantor sings the first verse of the psalm and the congregation joins in on verse two.



Alleluia! I will give thanks to you, O God, with  
‘ my whole heart, \*  
in the assembly of the upright, in / the congre- ‘ gation.

**Great are your deeds, ‘ O God; \*  
they are studied by all who / delight in ‘ them.**

**Your work is full of majest- ‘ y and splendor, \*  
and your righteousness / endures for ‘ ever.**

**You make your marvelous works to ‘ be remembered; \*  
you are gracious and / full of com- ‘ passion.**

**You give food to those ‘ who fear you; \*  
you are ever mind- / ful of your ‘ covenant.**

**You have shown your people the power ‘ of your works \*  
in giving them the / lands of the ‘ nations.**

**The works of your hands are faithful- ' ness and justice; \*  
all your command- / ments are ' sure.**

**They stand fast for ever ' and ever, \*  
because they are done / in truth and ' equity.**

**You sent redemption to your people;  
you commanded your cove- ' nant for ever; \*  
holy and awe- / some is your ' Name.**

**The fear of God is the begin- ' ning of wisdom; \*  
those who act accordingly have a good understanding;  
God's praise / endures for ' ever.**

**Glory to God, Source of All Being, Incarnate  
Word and ' Holy Spirit; \*  
as it was in the beginning, is now, and will be  
/ for ever. ' Amen.**

### **THE CHRISTIAN SCRIPTURES      *1 Corinthians 8:1-13***

*Paul is concerned about the way some Corinthian Christians use their freedom in Christ as license to engage in non-Christian behavior that sets a damaging example to other, impressionable believers. Christians have a responsibility to each other that their behavior does not cause another to sin.\*\**

*The reading is introduced.*

A reading from Paul's first letter to the Corinthians.

Now, concerning food sacrificed to idols. We all possess knowledge. But knowledge puffs up, whereas love builds up. You may think you know something, but you still won't know it the way you ought. But anyone who loves God is known—completely—by God.

Well then, what about eating food sacrificed to idols? We know that idols have no real existence, that there is no God but the One. Even though there are so-called gods in the heavens—and on the earth as well, where there seem to be many gods and sovereigns—for us there is only one God, Abba God, from whom all things come and for whom we live; there is one Sovereign, Jesus Christ, through whom everything was made and through whom we live.

Some people, accustomed to idol worship until recently, are consumed with guilt every time they eat meat they buy in the market, because they know that the meat had been sacrificed to idols—and their conscience, because it is weak, gets defiled every time they eat. But food cannot bring us closer to God. We lose nothing if we refuse to eat. We gain nothing if we choose to eat.

Be on your guard, however, that this liberty of yours does not become a pitfall for the weak. Suppose someone who has this knowledge sees you eating in some idol's temple, won't this person be tempted to eat meat offered to idols? Realize that your knowledge—that idols are nothing and thus it is all right to eat this meat freely—might be the ruination of a weak sibling, for whose sake Christ died.

By sinning against your siblings in this way and injuring their weak consciences, you are sinning against Christ. Therefore, if meat causes my sibling to stumble, I will never eat it again—I don't want to be an occasion for sin to them.

*A brief silence, then:*

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

*Please stand in body or spirit.*

**THE GOSPEL ACCLAMATION (9:30)\***

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

*Cantor:* The people who sat in darkness have seen a great light; for those who sat in the shadow of death light has dawned.\*\*

**THE HOLY GOSPEL      *Mark 1:21–28***

*Forces that would bring death and disease have taken hold of a person, yet they recognize Jesus and know what his power means for them. Jesus commands these forces to leave and people are amazed at his authority.\*\**

*The Holy Gospel is introduced.*

The Holy Gospel of Our Lord Jesus Christ, according to Mark.

**Glory to you, O Christ.**

They came to Capernaum, and on the Sabbath Jesus entered the synagogue and began to teach. The people were spellbound by the teaching, because Jesus taught with an authority that was unlike their religious scholars.

Suddenly a person with an unclean spirit appeared in their synagogue. It shrieked, “What do you want from us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!”

Jesus rebuked the spirit sharply: “Be quiet! Come out of that person!” At that the unclean spirit convulsed the possessed one violently, and with a loud shriek it came out.

All who looked on were amazed. They began to ask one another, “What is this? A new teaching, and with such authority! This person even gives orders to unclean spirits and they obey!” Immediately news of Jesus spread throughout the surrounding region of Galilee.

*A brief silence, then:*

The Gospel of Christ.

**Praise to you, O Christ.**

*Please sit.*

**The Homily**

Ms. Patti Walter

*Please stand in body or spirit.*

## THE PRAYERS OF THE PEOPLE

*It is our custom to light candles for those who are sick or distressed and to remember those who have died.*

*The prayer stations are on either side of the Altar. The refrain is sung two times. (9:30)\**

### Hear our Prayer

The image shows two staves of musical notation in G major (one sharp) and 3/4 time. The melody is simple and hymn-like. The lyrics are written below the notes.

Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple,  
hope for each soul. God of grace, in this place, hear now our prayer.

In this Season of Epiphany, we are called to show forth the Light we have received. We pray for our planet and our community and for those called to serve as leaders as we offer these petitions.

*A brief silence.*

For the Anglican Communion and Archbishop Justin Welby, for the Episcopal Church and Presiding Bishop Michael Curry, for the Episcopal Church in Colorado and Bishop Kym Lucas. We pray that they faithfully proclaim the message given to us by Jesus. God of Wisdom,  
**guide us by your Light.**

For the leaders of the nations of the world, and especially for the leaders of our nation, that they may see the Light and tenaciously govern with justice for all people. God of Wisdom,  
**guide us by your Light.**

For Jeffrey, Patti, and all leaders and members of St. Barnabas Parish that we may show forth the Light we have received. God of Wisdom,  
**guide us by your Light.**

For the community outside our walls, may we walk alongside our neighbors and help them meet their needs. God of Wisdom,  
**guide us by your Light.**

For all who seek ways to repair the damage done to our planet and chart new courses to care for this Earth, our home. God of Wisdom,  
**guide us by your Light.**

For all those for whom we have been called to pray as they deal with distress in mind or body or spirit, especially Tom, Marlis and family, Derek, Jim and Diana, the Long family, Doug, Robin, Bill, Kathy, Atlee, the people of Ukraine, the Israeli and Palestinian people, those who struggle with conflict, natural and human disaster, and those we name aloud or in silence. *(Pause)* God of Wisdom,  
**guide us by your Light.**

For those we love but see no more, especially those we name aloud or in silence. *(Pause)* God of Wisdom,  
**guide us by your Light.**

Abide with us, O God of mercy, and receive our prayers according to your abundant grace. **Amen.**

*The refrain\* is sung once more.*

## Hear our Prayer

Musical notation for the hymn 'Hear our Prayer'. It consists of two staves of music in G major (one sharp) and 3/4 time. The melody is simple and hymn-like. The lyrics are: 'Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple, hope for each soul. God of grace, in this place, hear now our prayer.'

### **THE CONFESSION OF SIN AND FORGIVENESS\*\***

Let us confess our sin in the presence of God and of one another.

*Silence for reflection.*

God, our rock and our refuge,  
**we pour out our hearts before you. We have known you but not always loved you. We have wounded one another and sinned against you. We have not always recognized the Holy Spirit dwelling in each of us. Remember your covenant. Renew your creation. Restore us, that we might proclaim your Good News to all. Amen.**

Almighty God have mercy on you, +forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **THE PEACE**

The peace of Christ, the light of the world, be always with you.

**And also with you.**

*All share a greeting of peace.*

## *The Liturgy of the Meal*

### **THE OFFERTORY**

**The Offertory Sentence**

*Please sit.*

**The Presentation of the Bread and Wine**

### **Offertory Music**

*Let Us Light a Candle in the Darkness* Richard Shephard

*Please stand in body or spirit.*

**The Presentation of the Gifts (7:45)**

All things come of thee, O Lord,  
**and of thine own have we given thee.**



## The Offertory Hymn (9:30)\*

### What child is this

So bring him in - cense, gold, and myrrh, come, peas - ant, king, to own him; the  
King of kings sal - va - tion brings, let lov - ing hearts en - throne him.  
This, this is Christ the King, whom shep - herds guard and an - gels sing;  
haste, haste to bring him laud, the baby, the son of Ma - ry.

## THE GREAT THANKSGIVING

### The Preface and Proper Preface (7:45)

God be with you.

**And also with you**

Lift up your hearts.

**We lift them to God.**

Let us give thanks to our God.

**It is right to give our thanks and praise.**

### The Preface and Proper Preface (9:30)\*

Celebrant God be with you.  
People And also with you.  
Celebrant Lift up your hearts.  
People We lift them to God.  
Celebrant Let us give thanks to our God.  
People It is right to give our thanks and praise.

*The Celebrant continues*

It is right, and a good and joyful thing always and everywhere to give you thanks, Almighty God, Creator of heaven and earth; because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Beloved One Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**The Sanctus (7:45)**

**Holy, Holy, Holy, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

**The Sanctus (9:30)\***

**Holy, Holy, Holy ELW-193**

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav-en and earth are  
full of your glo - ry. Ho - san - na in the high - est. Blest is the One who comes in the  
name of the Lord. Ho - san - na in the high - est, ho - san - na in the high - est.

*The Celebrant continues*

Blessed are you, gracious God, creator of the universe and Giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.

Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, Jesus revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

Remembering Christ’s death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be +filled with the Holy Spirit and live as Christ’s Body in the world.

Bring us into the everlasting heritage of your daughters and sons, that with the blessed Virgin Mary, blessed Barnabas, and all your saints, past, present, and yet to come, we may praise your Name for ever.

All this we ask through your Beloved One Jesus Christ. By Christ and with Christ and in Christ, in the unity of the Holy Spirit, all honor and glory is yours, Almighty God, now and for ever. **Amen.**

**The Lord’s Prayer (7:45)**

*It is our custom to hold hands during The Lord’s Prayer.*

As Jesus has taught us, we pray those words that bind us together:

**Our Father in heaven,**

**hallowed be your Name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those**

**who sin against us.**

**Save us from the time of trial,**

**and deliver us from evil.**

**For the kingdom, the power,**

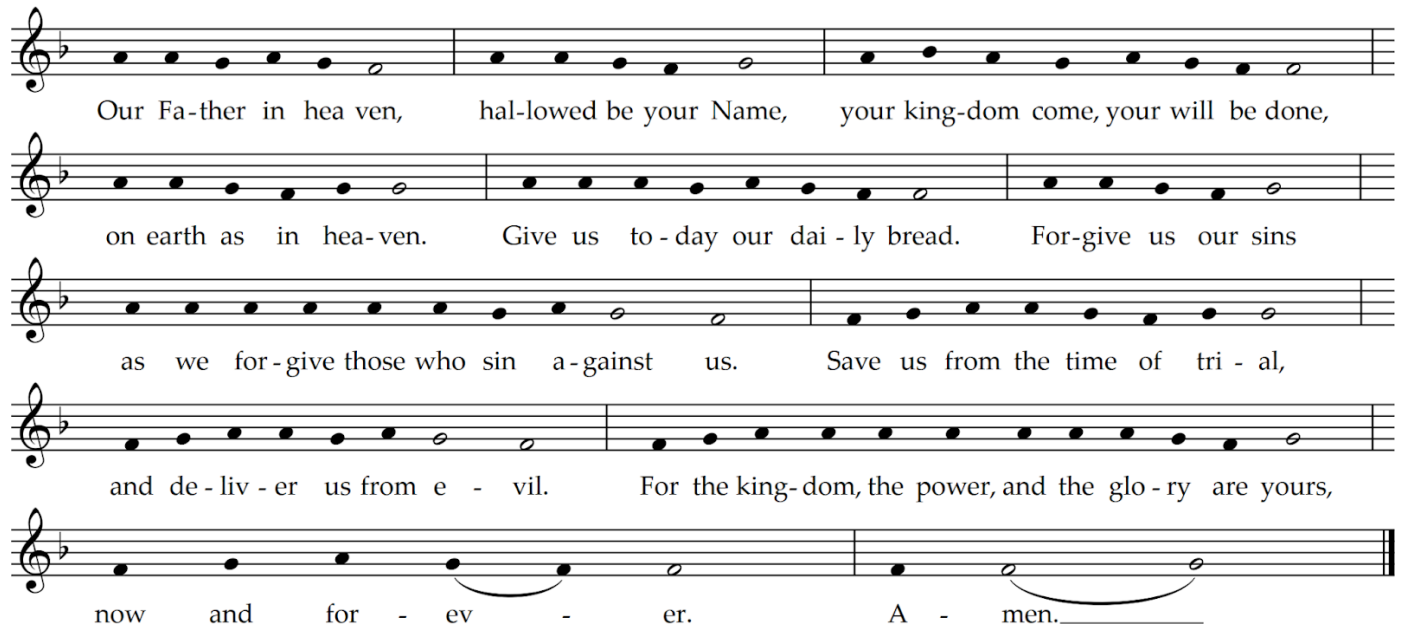
**and the glory are yours,**

**now and for ever. Amen.**

## THE LORD'S PRAYER (9:30)\*

*It is our custom to hold hands during The Lord's Prayer.*

As Jesus has taught us, we pray those words that bind us together:



Our Fa-ther in hea ven, hal-losed be your Name, your king-dom come, your will be done,  
on earth as in hea-ven. Give us to-day our dai-ly bread. For-give us our sins  
as we for-give those who sin a-against us. Save us from the time of tri-al,  
and de-liv-er us from e-vil. For the king-dom, the power, and the glo-ry are yours,  
now and for-ev-er. A-men.

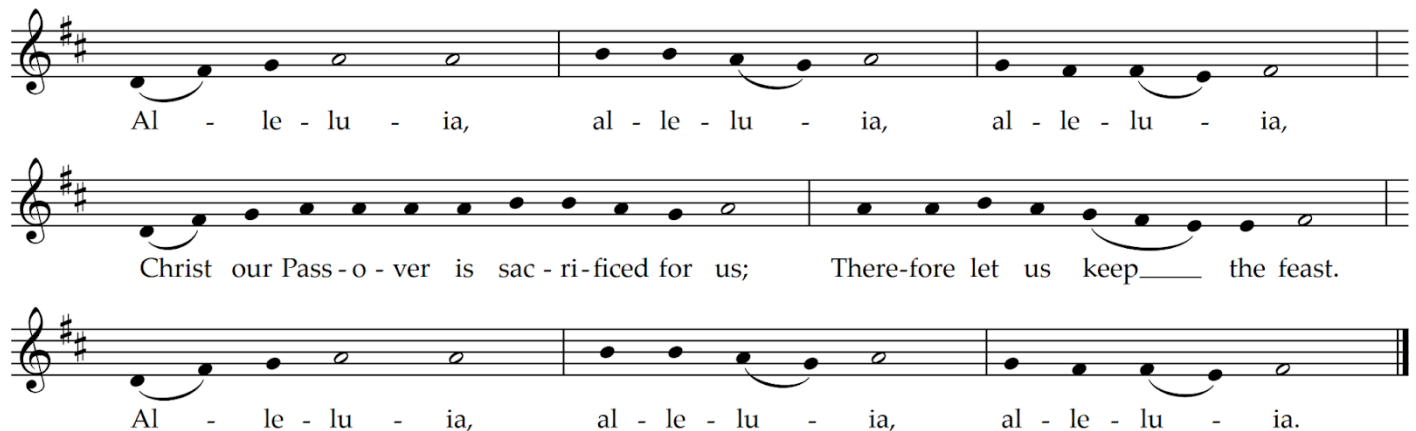
## THE BREAKING OF THE BREAD AND FRACTION ANTHEM (7:45)

Alleluia! Christ our Passover is sacrificed for us;

**therefore let us keep the feast. Alleluia.**

## THE BREAKING OF THE BREAD AND FRACTION ANTHEM (9:30)\*

### Fraction Anthem: Christ our Passover



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia,  
Christ our Pass - o - ver is sac - ri - ficed for us; There - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

## THE INVITATION TO COMMUNION\*\*

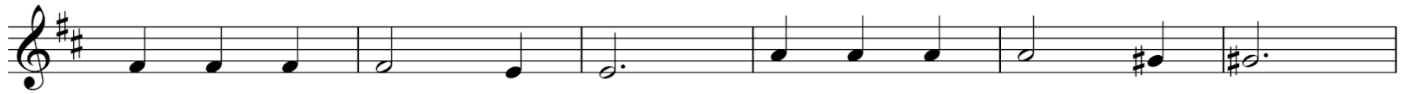
At Jesus' Table, heaven and earth are joined as one. Come and see.

*Please sit. Jesus welcomed everyone to his table, and so we at St. Barnabas welcome everyone to this table. Gather around the Altar as you are directed. You may stand or kneel as is your custom. The Celebrant will place the gluten-free bread into your hand. You have two options to receive the wine. A Chalice Bearer will offer the Common Cup from which you may drink, or you may dip the bread in the wine when a second chalice comes in turn. You may also choose not to partake of the Cup. When you have received the Sacrament,*

please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.

### THE HYMN DURING COMMUNION (9:30)\*

## Breathe on Me, Breath of God H-508



Breathe on me, Breath of God, fill me with life a - new,  
Breathe on me, Breath of God, un - til my heart is pure,  
Breathe on me, Breath of God, till I am whol - ly thine,  
Breathe on me, Breath of God, so shall I nev - er die;



that I may love what thou dost love, and do\_ what thou wouldst do.  
un - til with thee I will one will, to do\_ or to en - dure.  
till all this earth - ly part of me glows with\_ thy fire di - vine.  
but live with thee the per - fect life of thine\_ e - ter - ni - ty.

*Please stand in body or spirit.*

### THE PRAYER AFTER COMMUNION\*\*

Let us pray...Giver of every gift,

**Christ's body is our food, and we are Christ's body. Raise us to life by your power for the benefit of all and to your glory, now and for ever. Amen.**

## *The Liturgy of Sending*

### THE SENDING OUT OF EUCHARISTIC VISITORS (Occasional)

N., in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ's Body and Blood.

**We who are many are one Body, because we all share one Bread, one Cup.**

### THE BLESSING

May Christ, the Beloved of God, be manifest in you, that your lives may be a light to the world; and the blessing of +the most holy, glorious, and undivided Trinity, one God, be upon you and remain with you for ever. **Amen.**

**THE SENDING HYMN (9:30)\***

## All Hail the Power of Jesus' Name! H-450



1. All hail the power of Je - sus' Name! Let an - gels pros - trate fall; bring  
2. Crown him ye mar - tyrs of our God, who from his al - tar call: praise  
3. Hail him, the Heir of Da - vid's line, whom Da - vid Lord did call, the  
6. Let ev - ery kin - dred, ev - ery tribe, on this ter - res - trial ball, to



forth the roy - al di - a - dem, and crown him Lord of all! bring  
him whose way of pain\_ ye\_ trod, and crown him Lord of all! praise  
God in - car - nate, Man\_ di - vine, and crown him Lord of all! the  
him all ma - jes - ty\_ a - scribe, and crown him Lord of all! to



forth the roy - al di - a - dem, and crown him Lord\_\_\_\_\_ of all!  
him whose way of pain\_ ye\_ trod, and crown him Lord\_\_\_\_\_ of all!  
God in - car - nate, Man\_ di - vine, and crown him Lord\_\_\_\_\_ of all!  
him all ma - jes - ty\_ a - scribe, and crown him Lord\_\_\_\_\_ of all!

### **THE DISMISSAL\*\***

Go in peace. You are God's beloved. Alleluia! Alleluia!

**Thanks be to God! Alleluia! Alleluia!**

### **THE POSTLUDE**

*Toccata "God Is My Strong Salvation"* Gordon Young

\*Hymns reprinted under One License #A-729701.

\*\*Liturgical pieces are from *Sundays and Seasons: Year B 2024*, Augsburg Fortress, Publishers, Minneapolis.