



St. Barnabas

EPISCOPAL PARISH

The Holy Eucharist

January 21, 2024

The Third Sunday After the Epiphany

St. Barnabas Mission Statement

We experience God's redeeming love in all and through all and respond to love through faithful worship, life-long spiritual growth, and committed outreach.

Our community shares a progressive faith, opens our arms to all seekers, and works to make the world more just.

*As we continue through the time after Epiphany, stories of the call to discipleship show us the implications of our baptismal calling to show Christ to the world. Jesus begins proclaiming the good news and calling people to repentance right after John the Baptist is arrested for preaching in a similar way. Knowing that John was later executed, we see at the very outset the cost of discipleship. Still, the two sets of brothers leave everything they have known and worked for all their lives to follow Jesus and fish for people.***

A bell tolls.

THE GREETING AND ANNOUNCEMENTS

THE PRELUDE

Fantasia Orlando Gibbons

The Liturgy of Gathering

THE GATHERING HYMN (9:30)*

They Cast Their Nets in Galilee H-661



They cast their nets_____ in Gal - i - lee just off the hills of brown;
Con - tent - ed, peace - ful fish - er - men, be - fore they ev - er knew
Young John who trimmed_____ the flap - ping sail, home - less, in Pat - mos died.
The peace of God,_____ it is no peace, but strife closed in the sod.



such hap - py, sim - ple fish - er - folk, be - fore the Lord came down.
the peace of God_____ that filled their hearts brim - ful, and broke them too.
Pe - ter, who hauled_____ the teem - ing net, head - down was cru - ci - fied.
Yet let us pray_____ for but one thing the mar - velous peace of God.

THE OPENING ACCLAMATION

+Blessed are you, holy and living One.
You are the light of the world.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE TRISAGION (7:45)

The Trisagion is prayed three times.
+Holy God, holy and mighty, holy immortal One.
Have mercy on us.

THE HYMN OF PRAISE (9:30)*

Glory to God

Glo-ry to God in the high - est, and peace___ to God's peo-ple on
earth. Lord God, heaven-ly King, al-might-y God and Fa - ther, we wor-ship you, we give you thanks, we
praise you for your glo - ry. Lord Je - sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb_ of
God, you take a-way the sin of the world: have mer - cy on us; you are seat - ed at the
right hand of the Fa-ther: re - ceive our prayer. For you a-lone are the Ho - ly One, -
you a- lone_ are the Lord, you a - lone are the Most High, Je - sus Christ, with the Ho - ly
Spi - rit, in the glo - ry of God___ the Fa - ther. A - men.

THE SALUTATION AND COLLECT OF THE DAY

God be with you.

And also with you.

Let us pray...Give us grace, O God, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE PRAYER OF DISCERNMENT FOR THE ELECTION OF THE PRESIDING BISHOP

Almighty God, source of all wisdom and understanding: Look graciously on your Church, and so guide the hearts and minds of those who will choose our next presiding bishop, that we may receive a faithful pastor who will care for all of your people, equip us for our ministries, and proclaim your word to us and to the world; through Jesus Christ our Lord. **Amen.**

The Liturgy of the Word

Please sit.

THE HEBREW SCRIPTURES *Jonah 3:1–5, 10*

*The book of Jonah is a comedy starring a reluctant prophet who is given a one-sentence message: Nineveh will be destroyed in forty days. Much to Jonah's dismay, the people of Nineveh repent. The point of the story is to get the reader to wrestle with the question, "On whom should God have mercy?"***

The reading is introduced.

A reading from the book of Jonah.

The word of YHWH came a second time to Jonah: "Get up! Go to the great city of Nineveh and preach to them as I told you to do."

Jonah set out and went to Nineveh in obedience to the word of YHWH. Nineveh was a city large beyond compare: it took three days to cross it. Jonah moved on into the city, making a day's journey. He proclaimed, "Only forty days more, and Nineveh is going to be destroyed!"

So the people of Nineveh believed God; they proclaimed a fast and dressed in sackcloth, from the greatest to the least.

God saw their efforts to renounce their evil behavior. And God relented by not inflicting on them the disaster that threatened them.

A brief silence, then:

Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM 62:6–14 *Nonne Deo?*

The cantor sings the first verse of the psalm and the congregation joins in on verse two.



For God alone my soul in silence waits; *
truly, there is my hope.

**God alone is my rock and ‘ my salvation, *
my stronghold, so that I / shall not be ‘ shaken.**

**In God is my safety ‘ and my honor; *
God is my strong / rock and my ‘ refuge.**

**Put your trust in God always, ‘ O people; *
pour out your hearts before the One / who is our ‘ refuge.**

**Those of high degree are but a ‘ fleeting breath; *
even those of low estate / cannot be ‘ trusted.**

**On the scales they are lighter ‘ than a breath, *
all / of them to- ‘ gether.**

**Put no trust in extortion;
in robbery take no ‘ empty pride; *
though wealth increase, set not / your heart- ‘ pon it.**

**God has spoken once, twice ‘ have I heard it, *
that power / belongs to ‘ God.**

**Steadfast love is yours, ‘ O God, *
for you repay everyone accord- / ing to their ‘ deeds.**

**Glory to God, Source of All Being, Incarnate
Word and ‘ Holy Spirit; *
as it was in the beginning, is now, and will be /
for ever. Amen.**

THE CHRISTIAN SCRIPTURES *I Corinthians 7:29–31*

*Paul does not approve of marriage or other human social institutions. He does, however, want Christians to live in the present in fervent anticipation of God’s future, which even now has dawned through the death and resurrection of Jesus Christ.***

The reading is introduced.

A reading from Paul’s first letter to the Corinthians.

I tell you, my dear friends, the time is short. From now on, those with spouses should live as though they had none. Those who mourn should live as though they had nothing to mourn for, and those who rejoice should live as though they had nothing to laugh about. Buyers should conduct themselves as though they owned nothing, and those who have to deal with the world should live as if all their dealings meant nothing—for the world as we know it is passing away.

A brief silence, then:

Hear what the Spirit is saying to God’s people.

Thanks be to God.

Please stand in body or spirit.

THE GOSPEL ACCLAMATION (9:30)*



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Cantor: We have found the Messiah, Jesus Christ, who brings us grace and truth.**

THE HOLY GOSPEL *Mark 1:14–20*

*Before Jesus calls his first disciples, he proclaims a message that becomes known as “the Gospel” or Good News from God. God is ready to rule our lives. Those who realize this will respond with repentance and faith.***

The Holy Gospel is introduced.

The Holy Gospel of Our Lord Jesus Christ, according to Mark.

Glory to you, O Christ.

After John’s arrest, Jesus appeared in Galilee proclaiming the Good News of God:

“This is the time of fulfillment. The reign of God is at hand! Change your hearts and minds, and believe this Good News!”

While walking by the Sea of Galilee, Jesus saw the brothers Simon and Andrew casting their nets into the sea, since they fished by trade. Jesus said to them, “Follow me; I will make you fishers of humankind.” They immediately abandoned their nets and followed Jesus.

Proceeding a little further along, Jesus saw the brothers James and John Bar-Zebedee. They too were in their boat, putting their nets in order. Immediately Jesus called them, and they left their father Zebedee standing in the boat with the hired help, and went off in the company of Jesus.

A brief silence, then:

The Gospel of Christ.

Praise to you, O Christ.

Please sit.

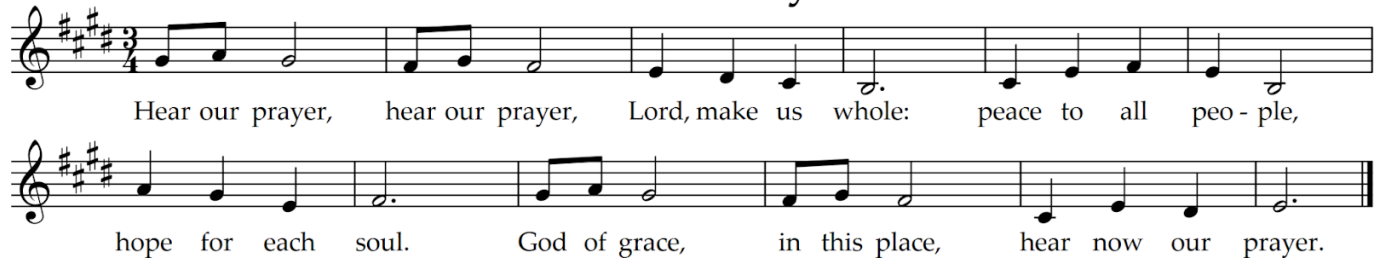
The Homily Fr. Jeffrey Nelson

Please stand in body or spirit.

THE PRAYERS OF THE PEOPLE

*It is our custom to light candles for those who are sick or distressed and to remember those who have died. The prayer stations are on either side of the Altar. The refrain is sung two times. (9:30)**

Hear our Prayer



Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple,
hope for each soul. God of grace, in this place, hear now our prayer.

In this Season of Epiphany, we are called to show forth the Light we have received. We pray for our planet and our community and for those called to serve as leaders as we offer these petitions.

A brief silence.

For the Anglican Communion and Archbishop Justin Welby, for the Episcopal Church and Presiding Bishop Michael Curry, for the Episcopal Church in Colorado and Bishop Kym Lucas. We pray that they faithfully proclaim the message given to us by Jesus. God of Wisdom,
guide us by your Light.

For the leaders of the nations of the world, and especially for the leaders of our nation, that they may see the Light and tenaciously govern with justice for all people. God of Wisdom,
guide us by your Light.

For Jeffrey, Patti, and all leaders and members of St. Barnabas Parish that we may show forth the Light we have received. God of Wisdom,
guide us by your Light.

For the community outside our walls, may we walk alongside our neighbors and help them meet their needs. God of Wisdom,
guide us by your Light.

For all who seek ways to repair the damage done to our planet and chart new courses to care for this Earth, our home. God of Wisdom,
guide us by your Light.

For all those for whom we have been called to pray as they deal with distress in mind or body or spirit, especially Ryan and family, Sue, Viola-Cleo, Cordelia, Verlin, Jim, Claire, Barbie, the Long family, Kathy, the people of Ukraine, the Israeli and Palestinian people, those who struggle with conflict, natural and human disaster, and those we name aloud or in silence. *(Pause)* God of Wisdom,
guide us by your Light.

For those we love but see no more, especially Mark, and those we name aloud or in silence. *(Pause)* God of Wisdom,
guide us by your Light.

Abide with us, O God of mercy, and receive our prayers according to your abundant grace. **Amen.**

The refrain is sung once more.*

Hear our Prayer

Hear our prayer, hear our prayer, Lord, make us whole: peace to all peo - ple,
hope for each soul. God of grace, in this place, hear now our prayer.

The image shows two staves of musical notation in treble clef, 3/4 time, with a key signature of three sharps (F#, C#, G#). The melody is simple and hymn-like, with lyrics written below the notes.

THE CONFESSION OF SIN AND FORGIVENESS**

Let us confess our sin in the presence of God and of one another.

Silence for reflection.

God, our rock and our refuge,

we pour out our hearts before you. We have known you but not always loved you. We have wounded one another and sinned against you. We have not always recognized the Holy Spirit dwelling in each of us. Remember your covenant. Renew your creation. Restore us, that we might proclaim your Good News to all. Amen.

Almighty God have mercy on you, +forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of Christ, the light of the world, be always with you.

And also with you.

All share a greeting of peace.

The Liturgy of the Meal

THE OFFERTORY

The Offertory Sentence

Please sit.

The Presentation of the Bread and Wine

Offertory Music

Almighty and Everlasting God Orlando Gibbons

Please stand in body or spirit.

The Presentation of the Gifts (7:45)

All things come of thee, O Lord,

and of thine own have we given thee.

The Offertory Hymn (9:30)*

What child is this

So bring him in - cense, gold, and myrrh, come, peas - ant, king, to own him; the
King of kings sal - va - tion brings, let lov - ing hearts en - throne him.
This, this is Christ the King, whom shep - herds guard and an - gels sing;
haste, haste to bring him laud, the baby, the son of Ma - ry.

THE GREAT THANKSGIVING

The Preface and Proper Preface (7:45)

God be with you.

And also with you

Lift up your hearts.

We lift them to God.

Let us give thanks to our God.

It is right to give our thanks and praise.

The Preface and Proper Preface (9:30)*

Celebrant God be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to God.
Celebrant Let us give thanks to our God.
People It is right to give our thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing always and everywhere to give you thanks, Almighty God, Creator of heaven and earth; because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Beloved One Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Sanctus (7:45)

**Holy, Holy, Holy, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

The Sanctus (9:30)*

Holy, Holy, Holy ELW-193

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav-en and earth are
full of your glo - ry. Ho - san - na in the high - est. Blest is the One who comes in the
name of the Lord. Ho - san - na in the high - est, ho - san - na in the high - est.

The Celebrant continues

Blessed are you, gracious God, creator of the universe and Giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.

Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, Jesus revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

Remembering Christ’s death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be +filled with the Holy Spirit and live as Christ’s Body in the world.

Bring us into the everlasting heritage of your daughters and sons, that with the blessed Virgin Mary, blessed Barnabas, blessed Mark, and all your saints, past, present, and yet to come, we may praise your Name for ever.

All this we ask through your Beloved One Jesus Christ. By Christ and with Christ and in Christ, in the unity of the Holy Spirit, all honor and glory is yours, Almighty God, now and for ever. **Amen.**

The Lord’s Prayer (7:45)

It is our custom to hold hands during The Lord’s Prayer.

As Jesus has taught us, we pray those words that bind us together:

Our Father in heaven,

hallowed be your Name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those

who sin against us.

Save us from the time of trial,

and deliver us from evil.

For the kingdom, the power,

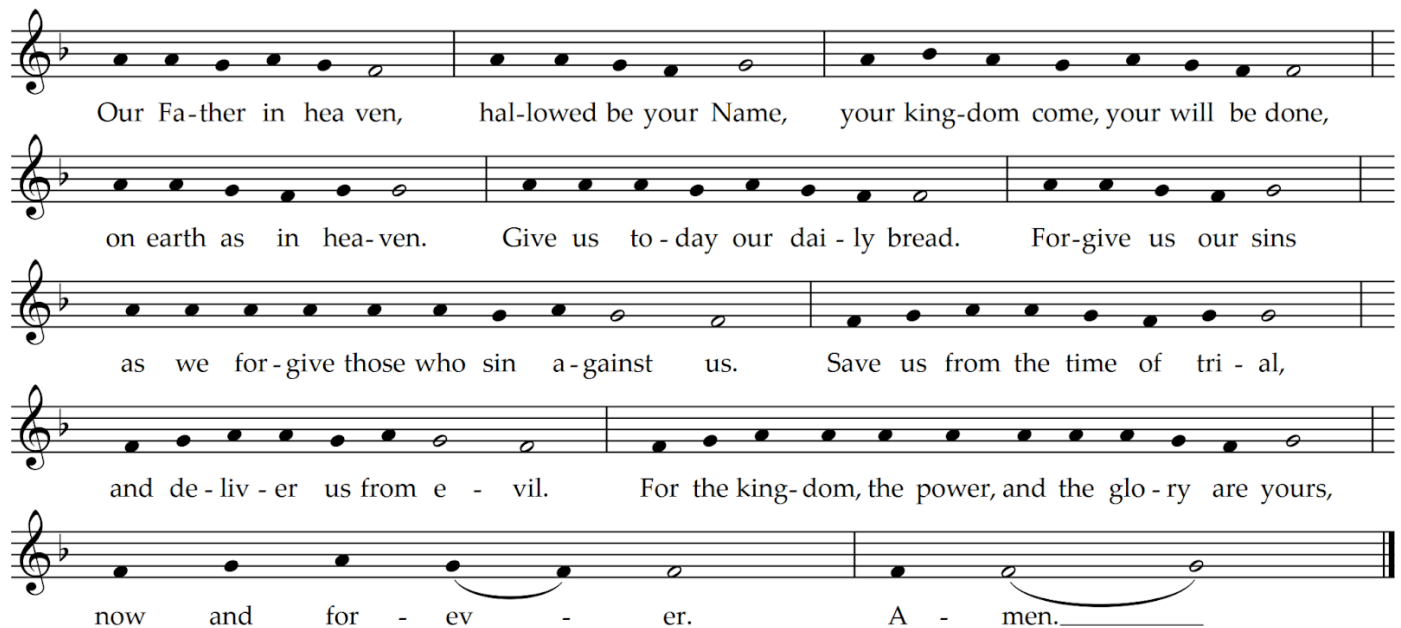
and the glory are yours,

now and for ever. Amen.

THE LORD'S PRAYER (9:30)*

It is our custom to hold hands during The Lord's Prayer.

As Jesus has taught us, we pray those words that bind us together:



Our Fa-ther in hea ven, hal-losed be your Name, your king-dom come, your will be done,
on earth as in hea-ven. Give us to-day our dai-ly bread. For-give us our sins
as we for-give those who sin a-against us. Save us from the time of tri-al,
and de-liv-er us from e-vil. For the king-dom, the power, and the glo-ry are yours,
now and for-ev-er. A-men.

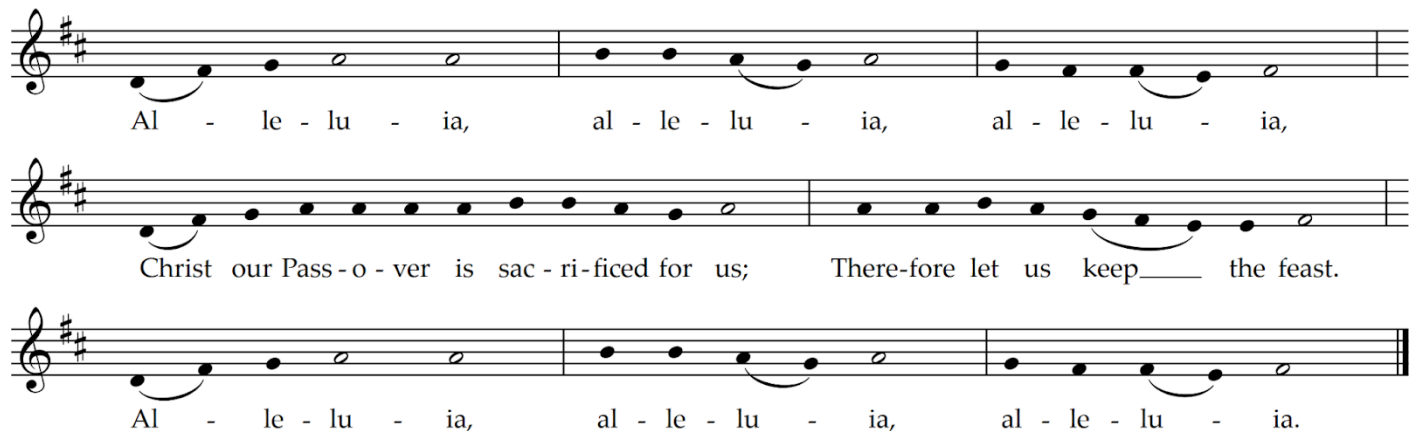
THE BREAKING OF THE BREAD AND FRACTION ANTHEM (7:45)

Alleluia! Christ our Passover is sacrificed for us;

therefore let us keep the feast. Alleluia.

THE BREAKING OF THE BREAD AND FRACTION ANTHEM (9:30)*

Fraction Anthem: Christ our Passover



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia,
Christ our Pass - o - ver is sac - ri - ficed for us; There - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

THE INVITATION TO COMMUNION**

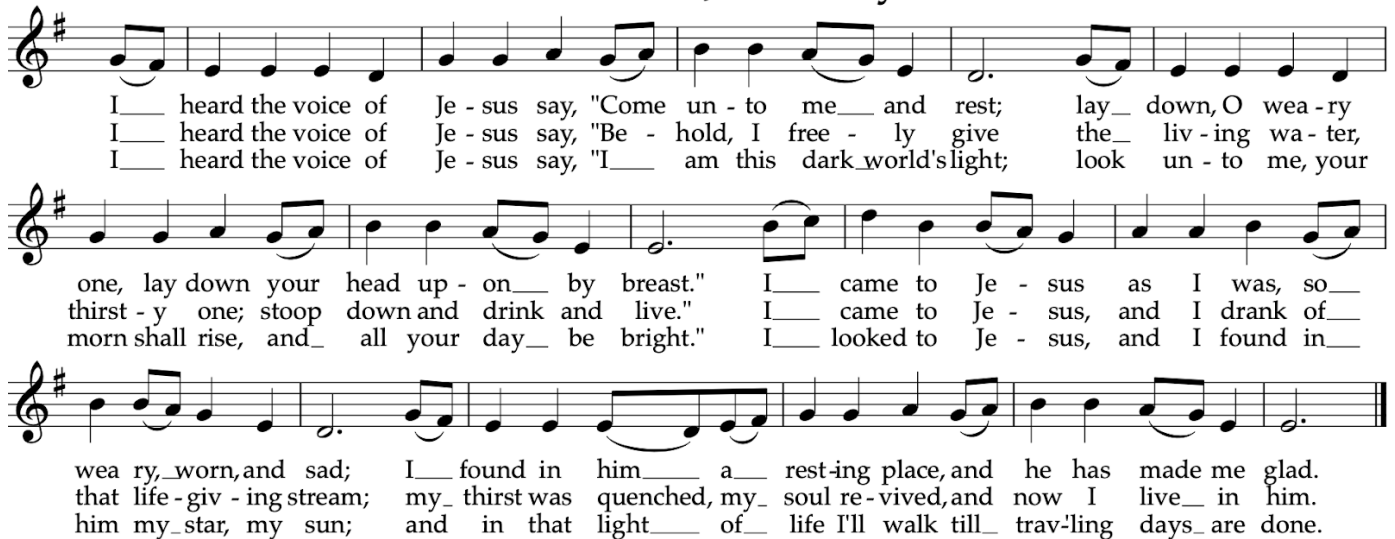
At Jesus' Table, heaven and earth are joined as one. Come and see.

Please sit. Jesus welcomed everyone to his table, and so we at St. Barnabas welcome everyone to this table. Gather around the Altar as you are directed. You may stand or kneel as is your custom. The Celebrant will place the gluten-free bread into your hand. You have two options to receive the wine. A Chalice Bearer will offer the Common Cup from which you may drink, or you may dip the bread in the wine when a second chalice comes in turn. You may also choose not to partake of the Cup. When you have received the Sacrament,

please return to your seat. If you or your children prefer only to receive a blessing, please indicate this by crossing your hands over your chest.

THE HYMN DURING COMMUNION (9:30)*

I Heard the Voice of Jesus Say ELW-611



I heard the voice of Je - sus say, "Come un - to me and rest; lay down, O wea - ry
I heard the voice of Je - sus say, "Be - hold, I free - ly give the liv - ing wa - ter,
I heard the voice of Je - sus say, "I am this dark world's light; look un - to me, your
one, lay down your head up - on by breast." I came to Je - sus as I was, so
thirst - y one; stoop down and drink and live." I came to Je - sus, and I drank of
morn shall rise, and all your day be bright." I looked to Je - sus, and I found in
wea ry, worn, and sad; I found in him a rest - ing place, and he has made me glad.
that life - giv - ing stream; my thirst was quenched, my soul re - vived, and now I live in him.
him my star, my sun; and in that light of life I'll walk till trav - ling days are done.

Please stand in body or spirit.

THE PRAYER AFTER COMMUNION**

Let us pray...Giver of every gift,

Christ's body is our food, and we are Christ's body. Raise us to life by your power for the benefit of all and to your glory, now and for ever. Amen.

The Liturgy of Sending

THE SENDING OUT OF EUCHARISTIC VISITORS (Occasional)

N., in the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us the communion of Christ's Body and Blood.

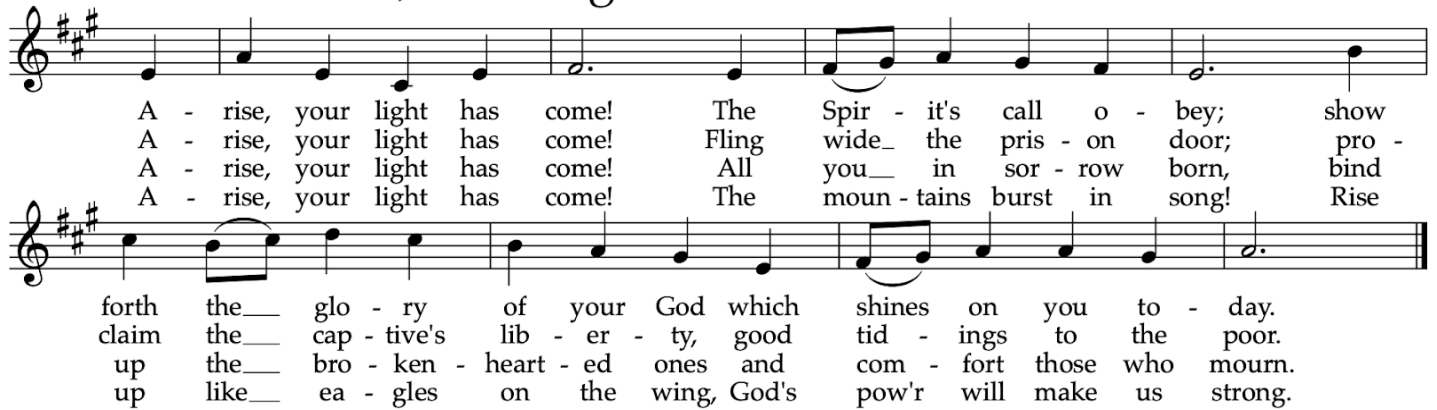
We who are many are one Body, because we all share one Bread, one Cup.

THE BLESSING

May Christ, the Beloved of God, be manifest in you, that your lives may be a light to the world; and the blessing of +the most holy, glorious, and undivided Trinity, one God, be upon you and remain with you for ever. **Amen.**

THE SENDING HYMN (9:30)*

Arise, Your Light Has Come! ELW-314



A - rise, your light has come! The Spir - it's call o - bey; show
A - rise, your light has come! Fling wide_ the pris - on door; pro -
A - rise, your light has come! All you_ in sor - row born, bind
A - rise, your light has come! The moun - tains burst in song! Rise

forth the_ glo - ry of your God which shines on you to - day.
claim the_ cap - tive's lib - er - ty, good tid - ings to the poor.
up the_ bro - ken - heart - ed ones and com - fort those who mourn.
up like_ ea - gles on the wing, God's pow'r will make us strong.

THE DISMISSAL**

Go in peace. You are God's beloved. Alleluia! Alleluia!

Thanks be to God! Alleluia! Alleluia!

THE POSTLUDE

In Thee is Gladness

Johann Sebastian Bach

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